



Daily Routines in 22 Countries: Diary Evidence of Average Daily Time Spent in Thirty Activities

Technical Paper 2010-01

Centre for Time Use Research
University of Oxford, United Kingdom

5 February 2010

Kimberly Fisher and John Robinson

with contributions from

Neuma Aguiar, Evrim Altintas, Jude Brown, Kwang Yung Choo, Arnaldo Mont'Alvão, Jose Ignacio Gimenez Nadal, Luiz Neubert, and Tetsuaki Sato

This technical paper provides the reader with a snapshot of daily behaviour in 22 countries for people of prime working age, between the ages of 18 and 64¹. The versions of this paper published in Social Indicators Research offer three tables showing average time per **week** in thirty activities for whole populations, then separately for men and for women. In contrast, this document offers six tables displaying time in these activities on an average day. The first three tables display the average time the national populations, then men and women separately, spend in these same 30 activities per **day**, showing average day as well as average weekday and weekend day figures. No person undertakes every activity they routinely perform in a month or year every single day. For this reason, Tables 1-3 show how long on any given day people across a society are doing the activity, but not how long someone does the activity when they chose to do it. The fourth through sixth tables cover this additional element of the daily activity picture, and show the mean time that people who performed each activity on their diary day spent in its undertaking. That is, these tables show how long the national population, and men and women separately, tend to do an activity if they decide to do that activity on any given day.

People engage in a number of regular routines over a year, and all people experience unusual days occasionally. Time-diary surveys do not sample the collection of routines in which any given individual behaves. Nonetheless, numerous constraints, including geography and proximity to facilities, access to money and other resources, access to support to complete some necessarily tasks, quality of transport links, climate and weather, social conventions, among many others, limit the number and range of patterns of typical behaviour for any given person. By collecting a random sample of days across a random sample of the population, time-diary surveys reveal the range of common patterns of activity to be found in a society, and also reveal which groups of people are more likely to engage in particular routines. The reader thus can see

¹ The survey in Sweden sampled people aged 20+, and hence the age range covered here is 20-64. The surveys in Japan and Turkey collected age in age bands, and people for this country span the age range 15-64.



the relative proportions of time that people in that society devote to different domains of activities on any given day.

All people regularly engage in some activities like sleep and eating on virtually every day. Only a limited numbers of individuals omit undertaking these basic activities on a limited number of days over their lifetime. For these activities, there is little difference between the average time of participants (people who reported doing the activity in their diary) and the whole population on any given day. In cases of activities which not all people undertake or which those who do perform the activity do not do so every day, the average time on any given day across the society will be lower than the average time in which those people who perform the activity generally spend doing the activity when they do it. After they leave secondary school, only some adults will pursue additional education, and will study only for a short period of their working lifespan. The average time in study of around 15 minutes per day in most countries means that if you took the total time in education of the working age population and distributed that time equally to all people (or if everyone followed exactly the same routine), every person would study for 15 minutes per day. In practice, though, these 15 average minutes means that the small numbers of people studying are vastly outnumbered by the larger numbers of people not studying, who thus report no time in this activity. The less frequently people do an activity (such as eat out in a restaurant), or the lower the proportion of people in a society who undertake the activity (such as rewire their house), the lower the average time for a society on any given day.

The second set of tables shows the average time that people who performed each activity spent doing that activity on their diary day, and also the participation rate. Except in the case of activities in which all people must engage to survive, the participation rate means the percentage of people who will undertake the activity on any given day, not the total percentage of people who might do the activity over a longer time period.

Some patterns appear in many countries. On week days, people both are more likely to work and work longer hours than on weekend days in all countries included in these tables. Figures for Turkey differ in that the weekend/week day work and education figures are closer in this country than in other countries. Partly this result reflects a cultural difference between Turkey, a largely Muslim country, and the other countries on this table. As Friday is the main day of prayer for Muslims, many people treat Friday as a weekend day. Nonetheless, as Turkey officially is a secular country with aspirations of entering the European Union and significant trade with the EU, the official work week is from Monday to Friday, though many businesses are open on Saturdays and Sundays. Turkish men's work patterns are closer to the other countries, while Turkish women have the most similar patterns of work on all days of the week, though there is a slight increase in participation and time on week days compared to weekend days. Turkish women have the lowest weekday participation rate of these countries, though their weekend working is similar to the other countries. Bulgarians (both men and women) have among the lowest participation rates in weekend work of these countries, but if they do work weekends, Bulgarians also work and study the longest hours at weekends.



Similar cross-country patterns emerge in relation to child care. The national populations spend more time in child care on week days than on the weekends, except in Australia, Finland, Japan, Korea, Norway, and Turkey, where the weekend and week day care time is roughly equivalent. Weekday childcare time is highest in Spain compared to time on weekends. Total child care time is highest in Australia, the Netherlands, the United Kingdom and the USA. In all countries, men's participation rate in childcare is lower than women's participation rate, and unlike women, men participate at a roughly equal level on all days of the week, while women's participation rate drops slightly at weekends in all countries. French men spend more time with children on week days compared to weekend days, and men's time in care on all days is roughly equal in Latvia, in all other countries, men spend more time in childcare on weekends than on week days. The lower time in childcare at weekends primarily reflects women's drop in participation rate and well as women's decreased time in childcare on weekends.

People across these countries spend more time in leisure (both in-home and out-of-home) activities on the weekend than on week days, though the participation rate is constant across the days of the week for in-home leisure – meaning similar numbers of people engage in free time each day, but people take more time for in-home leisure on the weekend. Turkish women differ from the other groups in that their participation in leisure is more even across all days, and when participants and non-participants are considered together (as in the first three tables), the total leisure time in Turkey is even across the days of the week. People in most countries do more voluntary, civic and organisational work on weekends than on week days. In Australia, the Netherlands, Norway, Korea and Turkey, people spend roughly equal times in voluntary and organisational activities on all days, and participation rates are equal for all days in Norway and Turkey, and for men in the Netherlands. Women in the Netherlands do more voluntary and organisational activity on weekdays.

People in most of these countries spend similar amounts of time in some activities, such as eating, listening to the radio, and pet care, with some exceptions. People in Australia, Brazil and the USA record less time in eating than diarists from the other countries (though time eating is not necessarily related to the quantity of food or of calories consumed). Radio and music listening time is highest in Australia and the Netherlands. People in Australia and the Netherlands have the highest recorded participation rates in pet care, and people in France and the Netherlands spend the most time looking after pets when they have companion animals.

Nonetheless, there are a number of national and regional level variations. Broadly, people in the Australia, Brazil, Eastern European countries, Japan, Korea and the USA have longer hours of paid employment, and a higher percentage of people are working on any given day (as high as 2/3rds in Latvia, Lithuania and the USA). Eastern Europeans, Americans and Brazilians also have higher rates of working at home, with the working at home participation in home working highest in Latvia, Lithuania and Poland.

While a majority of people do some unpaid work each day, the unpaid domestic work participation rate is lowest in Brazil, Italy, Latvia, Spain, and Turkey – largely reflecting men's



particularly low participation in unpaid work in these countries. Average child care time is higher in Australia, the Netherlands, the United Kingdom, and USA.

People in most of these countries sleep between 8 and 8.5 hours. Exceptionally, people in Bulgaria and France sleep longer – nearly nine hours, and only 7 hours and 40 minutes in Japan and Korea. Brazilians and Italians spend the most time washing and dressing. The time in washing for Turkey appears high as the diary instrument in that country combined eating and personal care into a single category. Considering eating and washing time together, however, Turks and Italian spend the most time in these two activities. Spanish and the French spend more time walking. Considering sleep, sport, eating, and personal care together, Bulgarians, the French, Italians and Spaniards spend more time looking after themselves.

On any average day, the French spend the longest time in restaurants. When they are in a restaurant, people in Belgium, Brazil, France and the Netherlands spend the longest time there. Americans, Italians and the French have the highest daily participation rate – that is they eat out in restaurants more frequently than in other countries. People in the eastern European countries generally spend less time in restaurants and go out to eat less often. When they take time to relax, Belgians spend a relatively low time relaxing, yet Belgians have the highest daily participation rate in relaxing, which gives this country a relatively high average time spent relaxing when averaged across the population. People in Slovenia and Turkey have higher participation rates and spend longer times relaxing. Relaxation time in Spain and Sweden also is high. People in Bulgaria, France, Japan and Norway spend the least time relaxing.

Norwegians, Turks and Americans spend the most time entertaining people in their own homes and visiting other people's homes. Swedes have a high participation rate in visiting people at home, but spend only an average time visiting when they visit. People in the Netherlands, Norway, Spain, the UK and the USA spend the most time socialising with others outside their own or other people's homes. The Turks have particularly low participation and time socialising outside of their own or other people's homes.

People in Estonia, Finland, Germany, the Netherlands, and Norway spend the longest time reading books and other printed materials, and people in these six countries as well as Sweden have the highest participation in reading. Belgians, the Dutch, and Germans are more likely to spend free time on the computer on a daily basis. People in Brazil and Eastern European countries are least likely to spend free time on the computer.

Gender Differences

These tables also confirm existing findings regarding gender differences. While women and men undertake comparable levels of paid work at home (except in Latvia, where women are more likely to undertake paid work from home), distinct gender differences emerge in relation to other work patterns. Women not only spend more time but also are more likely to engage in unpaid domestic work and care than men – with the gender differences most pronounced in Brazil, Italy, Spain and Turkey, and the greatest gender equality in Norway and Sweden. Men



spend more time in paid work, though the gender gap in paid work and education time as well as participation in work is smallest in Bulgaria and France. Generally, men perform more voluntary and organisational activity, though with a number of exceptions. In Brazil, Finland, Italy and the United Kingdom, while men spend more time in voluntary and organisational work, women have a higher participation rate. In Spain and the USA, women and men have comparable voluntary time, and in Turkey, women not only participate more than men, their average daily voluntary activity time is higher than men's.

Among those who looked after children on their diary day, men and women spend similar amounts of time when they travel for child care purposes. The same is generally true for people engaging in interactive care (such as reading to children or playing with children), though in Bulgaria, Italy, Lithuania, Poland and Slovenia men spend slightly longer than women in this more entertaining form of child care. Nevertheless, in all countries, women not only are more likely to perform physical and medical care tasks for children than men, but also spend more time in this activity than men. With the exceptions of Brazil and Spain, where men spend more time in pet care, women in the other countries in the table generally performed more pet care than men and had higher participation rates. The gender gap is highest in the Netherlands, where women's participation in pet care on an average day is nearly double men's participation. If one sums total time in all paid work and study, unpaid domestic, child and pet care, and voluntary and organisational activity, women do more total work than men 15 of the countries each week – and the gap is particularly pronounced in five of these countries: Bulgaria, France, Italy, Lithuania, and Slovenia. In three countries, Finland, the Netherlands and Norway, men do more total work, and in the remaining four countries, Germany, Japan, the United Kingdom and the USA, total work time is roughly equal between the sexes.

Notes

Readers should take care with interpretation, as some national differences may reflect cultural differences in reporting strategies rather than behaviour.

Figures for Brazil are from a probability sample of 376 households in Minas Gerais, the Belo Horizonte Time Use Research Survey. The research team produced the column for Brazil.

Figures for 13 of the European countries were derived from the Harmonised European Time Use Survey table generator maintained by Statistics Sweden. Data from two further countries, France and the UK, are included on this site, however as the location information from these countries has yet to be uploaded and this information was needed to make some category distinctions. Consequently, these two countries are not included. Elements of this site (<https://www.testh2.scb.se/tus/tus/>) are openly available, but only the academic and government researchers working in the EU can obtain permission to use the customised table generator. The default age setting of 20 to 74 was reset to the age range 18 to 64. Sweden only collected diaries from people aged 20 and above. The HETUS table generator has collapsed activity codes into 49 2-digit categories. Norway did not collect time in free time study, included in the category study



and job or skill training, or unspecified travel included in other travel. Norway and Finland did not collect time tending domestic animals, included in all other housework and repairs.

Figures for Australia, France, the Netherlands, and the United Kingdom are drawn from the Multinational Time Use Study version 5.58 (<http://www.timeuse.org/mtus/>). Figures for Australia were compiled in Australia by an Australian researcher holding permission to use the data from the Australian Bureau of Statistics.

Figures for Japan represent the population aged 15 to 65. These data are available for the whole population by gender only, and not the participant population. The Statistics Bureau of Japan constructed the column from the 2006 national sample survey which is part of a sequence of time-use surveys it conducts every five years.

Figures for the Republic of Korea are based on the 2004 survey, part of a sequence of time-use surveys collected every five years by the National Statistical Office. The column was compiled by academic staff using the public use file available in the Republic of Korea. As with the HETUS surveys, participants completed two surveys, one on a week day and one on a weekend day. 12,071 men and 14,206 women (26,277 people) completed diaries.

Figures for Turkey are drawn from the public release file of the 2006 national time use study collected by the official Turkish statistical agency, TURKSTAT. While this survey followed the HETUS format, the data are released in highly aggregated form to Turkish nationals. As a result, some activities are more grouped for this country, hence the large numbers of not available categories. Also, in contrast with the other surveys, the public release data only includes broad age categories. The age range included here covers age 15-64.

Figures for the USA are drawn from the American Heritage Time Use Study version of the first year of the American Time Use Study collected by the Bureau of Labor Statistics from a subsample of the last wave of the Current Population Study. This dataset harmonises the most recent ATUS data for comparison with historical USA time-use datasets, and are free to download from the Centre for Time Use Research web site (<http://www.timeuse.org/ahtus/>).



Table 1: Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Paid work/related activity (away from home)	3hr 44m	2hr 41m	3hr 41m	3hr 23m	3hr 52m	3hr 10m	3hr 9m	2hr 55m
Paid work at home	0hr 17m	0hr 9m	0hr 22m	0hr 2m	0hr 13m	0hr 18m	0hr 11m	0hr 10m
Study & job or skill training	0hr 6m	0hr 17m	0hr 18m	0hr 5m	0hr 9m	0hr 15m	0hr 16m	0hr 14m
Homework	0hr 8m	0hr 10m	0hr 10m	0hr 4m	0hr 4m	0hr 6m	0hr 10m	0hr 6m
Commuting, job & study-related travel	0hr 27m	0hr 27m	0hr 50m	0hr 24m	0hr 28m	0hr 21m	0hr 24m	0hr 26m
PAID WORK & STUDY - Weekdays	5hr 54m	4hr 46m	6hr 34m	4hr 56m	5hr 52m	5hr 20m	5hr 17m	4hr 59m
PAID WORK & STUDY - Weekend days	1hr 45m	1hr 8m	2hr 18m	1hr 33m	2hr 2m	1hr 17m	1hr 19m	1hr 0m
PAID WORK & STUDY - Average day	4hr 42m	3hr 44m	5hr 21m	3hr 58m	4hr 46m	4hr 11m	4hr 10m	3hr 51m
Cooking & food related housework	0hr 53m	0hr 50m	0hr 43m	1hr 14m	1hr 3m	0hr 44m	0hr 51m	0hr 42m
All other housework and repairs, gardening	1hr 2m	1hr 15m	0hr 53m	1hr 39m	1hr 21m	1hr 6m	1hr 8m	1hr 12m
Shopping, services, other domestic work	0hr 39m	0hr 36m	0hr 27m	0hr 15m	0hr 30m	0hr 33m	0hr 40m	0hr 41m
Housework & personal care travel	0hr 23m	0hr 16m	0hr 12m	0hr 16m	0hr 18m	0hr 15m	0hr 1m	0hr 21m
UNPAID WORK - Weekdays	2hr 42m	2hr 55m	2hr 13m	3hr 10m	2hr 57m	2hr 35m	2hr 33m	2hr 57m
UNPAID WORK - Weekend days	3hr 32m	2hr 59m	2hr 21m	4hr 3m	3hr 49m	2hr 49m	2hr 59m	2hr 55m
UNPAID WORK - Average days	2hr 56m	2hr 56m	2hr 15m	3hr 25m	3hr 12m	2hr 39m	2hr 40m	2hr 56m
Physical/medical child care	0hr 19m	0hr 11m	0hr 12m	0hr 9m	0 hr 19m	0hr 16m	0hr 16m	0hr 11m
Interactive & other child care	0hr 27m	0hr 6m	0hr 6m	0hr 9m	0hr 8m	0hr 7m	0hr 8m	0hr 8m
Child care-related travel	0hr 7m	0hr 3m	0hr 4m	0hr 1m	0hr 2m	0hr 2m	0hr 4m	0hr 3m
Pet care (excluding walking dogs)	0hr 5m	0hr 3m	0hr 1m	0hr 1m	0hr 2m	0hr 3m	0hr 5m	0hr 3m
CARE - Weekdays	0hr 59m	0hr 24m	0hr 24m	0hr 20m	0hr 32m	0hr 28m	0hr 34m	0hr 27m
CARE - Weekend days	0hr 58m	0hr 21m	0hr 20m	0hr 18m	0hr 28m	0hr 27m	0hr 30m	0hr 24m
CARE - Average days	0hr 58m	0hr 23m	0hr 23m	0hr 19m	0hr 31 m	0hr 28m	0hr 33m	0hr 26m



Table 1: Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Sleep & naps	8hr 25m	8hr 21m	8hr 3m	8hr 55m	8hr 21m	8hr 26m	8hr 45m	8hr 11m
Wash, dress, & other personal care	0hr 53m	0hr 44m	1hr 2m	0hr 38m	0hr 53m	0hr 42m	0hr 43m	0hr 52m
Meals (at home & packed lunches)	0hr 57m	1hr 34m	1hr 1m	1hr 48m	1hr 12m	1hr 12m	1hr 46m	1hr 33m
Walking (including walking dogs)	0hr 6m	0hr 15m	0hr 6m	0hr 18m	0hr 14m	0hr 17m	0hr 16m	0hr 16m
Sport & other exercise	0hr 16m	0hr 11m	0hr 8m	0hr 8m	0hr 9m	0hr 20m	0hr 9m	0hr 14m
PERSONAL CARE - Weekdays	10hr 14m	10hr 39m	9hr 52m	11hr 19m	10hr 25m	10hr 29m	11hr 14m	10hr 35m
PERSONAL CARE - Weekend days	11hr 32m	12hr 10m	11hr 29m	12hr 55m	11hr 46m	12hr 9m	12hr 45m	12hr 22m
PERSONAL CARE - Average days	10hr 36m	11hr 5m	10hr 20m	11hr 46m	10hr 48m	10hr 57m	11hr 40m	11hr 5m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 11m	0hr 5m	0hr 23m	0hr 8m	0hr 13m	0hr 16m	0hr 10m	0hr 18m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 13m	0hr 12m	0hr 37m	0hr 13m	0hr 20m	0hr 20m	0hr 14m	0hr 23m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 11m	0hr 7m	0hr 27m	0hr 9m	0hr 15m	0hr 17m	0hr 11m	0hr 19m
Restaurant, bar, pub, café	0hr 11m	0hr 13m	0hr 22m	0hr 15m	0 hr 2m	0hr 6m	0hr 27m	0hr 7m
Party, visits & socialise away from home	0hr 19m	0hr 38m	0hr 29m	0hr 22m	0hr 20m	0hr 32m	0hr 27m	0hr 39m
Party, visits & socialise at home	0hr 3m	0hr 21m	0hr 25m	0hr 16m	0hr 12m	0hr 22m	0hr 15m	0hr 28m
Leisure away from home	0hr 21m	0hr 11m	0hr 5m	0hr 1m	0hr 5m	0hr 6m	0hr 12m	0hr 14m
Other travel	0hr 17m	0hr 45m	0hr 26m	0hr 21m	0hr 22m	0hr 36m	0hr 32m	0hr 37m
SOCIAL & EVENTS - Weekdays	0hr 52m	1hr 41m	1hr 23m	1hr 5m	0hr 48m	1hr 23m	1hr 25m	1hr 43m
SOCIAL & EVENTS - Weekend days	1hr 57m	3hr 15m	3hr 22m	1hr 38m	1hr 36m	2hr 28m	3hr 2m	3hr 2m
SOCIAL & EVENTS - Average days	1hr 11m	2hr 8m	1hr 47m	1hr 15m	1hr 2m	1hr 42m	1hr 53m	2hr 5m



Table 1: Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Relax, do nothing	0hr 13m	0hr 26m	0hr 14m	0hr 8m	0hr 15m	0hr 18m	0hr 6m	0hr 15m
Computing & internet (including games)	0hr 3m	0hr 22m	0hr 4m	0hr 1m	0hr 3m	0hr 8m	0hr 5m	0hr 17m
Television	1hr 45m	2hr 12m	1hr 54m	2hr 22m	2hr 12m	2hr 6m	1hr 53m	1hr 44m
Radio, Ipod, other audio	0hr 20m	0hr 4m	0hr 7m	0hr 4m	0hr 6m	0hr 8m	0hr 3m	0hr 5m
Read	0hr 18m	0hr 21m	0hr 6m	0hr 17m	0hr 35m	0hr 42m	0hr 19m	0hr 33m
Other leisure and hobbies	0hr 39m	0hr 11m	0hr 11m	0hr 13m	0hr 11m	0hr 15m	0hr 27m	0hr 19m
OTHER LEISURE - Weekdays	3hr 2m	3hr 29m	2hr 15m	2hr 59m	3hr 9m	3hr 21m	2hr 47m	2hr 57m
OTHER LEISURE - Weekend days	3hr 57m	3hr 54m	3hr 28m	3hr 19m	3hr 53m	4hr 18m	3hr 12m	3hr 50m
OTHER LEISURE - Average days	3hr 18m	3hr 36m	2hr 36m	3hr 5m	3hr 22m	3hr 37m	2hr 54m	3hr 12m
Unrecorded time (average day)	0hr 6m	0hr 1m	0hr 5m	0hr 2m	0hr 4m	0hr 9m	not available	0hr 5m
Total diaries	10629	4857	831	5109	4076	3928	11652	7233



Table 1: Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Paid work/related activity (away from home)	4hr 36m	3hr 43m	3hr 22m	4hr 11m	3hr 33m	2hr 40m	3hr 30m	2hr 52m
Paid work at home	0hr 16m	0hr 2m	0hr 4m	0hr 22 m	0hr 48m	0hr 9m	0hr 10m	0hr 30m
Study & job or skill training	0hr 35m	0hr 17m	0hr 9m	0hr 16m	0hr 17m	0hr 14m	0hr 12m	0hr 17m
Homework	0hr 9m	0hr 3m	0hr 12m	0hr 6m	0hr 6m	0hr 8m	0hr 7m	0hr 11m
Commuting, job & study-related travel	0hr 40m	0hr 51m	0hr 30m	0hr 37m	0hr 29m	0hr 24m	0hr 27m	0hr 25m
PAID WORK & STUDY - Weekdays	7hr 28m	5hr 39m	5hr 15m	6hr 57m	6hr 26m	4hr 39m	5hr 41m	5hr 2m
PAID WORK & STUDY - Weekend days	3hr 14m	3hr 7m	1hr 51m	1hr 58m	2hr 9m	0hr 55m	1hr 19m	1hr 53m
PAID WORK & STUDY - Average day	6hr 16m	4hr 56m	4hr 17m	5hr 31m	5hr 13m	3hr 35m	4hr 25m	4hr 8m
Cooking & food related housework	0hr 49m	0hr 50m	1hr 1m	0hr 49m	1hr 0m	0hr 55m	0hr 48m	1hr 10m
All other housework and repairs, gardening	0hr 51m	0hr 55m	1hr 16m	1hr 6m	1hr 22m	1hr 1m	0hr 54m	1hr 9m
Shopping, services, other domestic work	0hr 26m	0hr 25m	0hr 31m	0hr 22m	0hr 17m	0hr 37m	0hr 35m	0hr 25m
Housework & personal care travel	0hr 12m	0hr 15m	0hr 15m	0hr 21m	0hr 19m	0hr 18m	0hr 14 m	0hr 18m
UNPAID WORK - Weekdays	2hr 6m	2hr 17m	3hr 1m	2hr 25m	2hr 46m	2hr 52m	2hr 24m	3hr 8m
UNPAID WORK - Weekend days	2hr 50m	2hr 34m	3hr 8m	3hr 12m	3hr 26m	2hr 50m	2hr 51m	2hr 50m
UNPAID WORK - Average days	2hr 18m	2hr 21m	3hr 3m	2hr 39m	2hr 57m	2hr 51m	2hr 32m	3hr 3m
Physical/medical child care	0hr 7m	0hr 14m	0hr 13m	0hr 9m	0hr 12m	0hr 18m	0hr 20m	0hr 15m
Interactive & other child care	0hr 9m	0hr 11m	0hr 10m	0hr 5m	0hr 7m	0hr 16m	0hr 7m	0hr 14m
Child care-related travel	0hr 3m	0hr 5m	0hr 4m	0hr 2m	0hr 1m	0hr 6m	0hr 3m	0hr 2m
Pet care (excluding walking dogs)	0hr 1m	not available	0hr 1m	0hr 1m	0hr 1m	0hr 10m	0hr 1m	0hr 2m
CARE - Weekdays	0hr 19m	0hr 35m	0hr 29m	0hr 19m	0hr 22m	0hr 53m	0hr 31m	0hr 34m
CARE - Weekend days	0hr 21m	0hr 35m	0hr 24m	0hr 16m	0hr 20m	0hr 45m	0hr 32m	0hr 31m
CARE - Average days	0hr 20m	0hr 35m	0hr 28m	0hr 18m	0hr 21m	0hr 51m	0hr 32m	0hr 33m



Table 1: Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Sleep & naps	7hr 40m	7hr 46m	8hr 11m	8hr 33m	8hr 25m	8hr 30m	8hr 2m	8hr 23m
Wash, dress, & other personal care	1hr 6m	1hr 15m	1hr 1m	0hr 40m	0hr 55m	0hr 52m	0hr 47m	0hr 52m
Meals (at home & packed lunches)	1hr 52m	1hr 39m	1hr 40m	1hr 24m	1hr 26m	1hr 17m	1hr 13m	1hr 29m
Walking (including walking dogs)	0hr 18m	0hr 12m	0hr 20m	0hr 16m	0hr 10m	not available	0hr 15m	0hr 18m
Sport & other exercise		0hr 12m	0hr 11m	0hr 13m	0hr 9m		0hr 18m	0hr 9m
PERSONAL CARE - Weekdays	10hr 38m	10hr 53m	11hr 3m	10hr 34m	10hr 40m	10hr 36m	10hr 8m	10hr 48m
PERSONAL CARE - Weekend days	11hr 48m	11hr 38m	12hr 17m	12hr 27m	12hr 10m	11hr 40m	11hr 43m	12hr 12m
PERSONAL CARE - Average days	10hr 57m	11hr 5m	11hr 24m	11hr 7m	11hr 5m	10hr 54m	10hr 35m	11hr 12m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 3m	0hr 14m	0hr 12m	0hr 10m	0hr 12m	0hr 27m	0hr 12m	0hr 20m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 8m	0hr 16m	0hr 21m	0hr 20m	0hr 25m	0hr 26m	0hr 14m	0hr 38m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 5m	0hr 16m	0hr 15m	0hr 12m	0hr 16m	0hr 27m	0hr 13m	0hr 25m
Restaurant, bar, pub, café	0hr 22m	not available	0hr 13m	0hr 4m	0hr 1m	0hr 16m	0hr 8m	0hr 2m
Party, visits & socialise away from home			0hr 30m	0hr 39m	0hr 23m	0hr 21m	1hr 11m	0hr 48m
Party, visits & socialise at home			0hr 12m	0hr 16m	0hr 12m	0hr 13m	0hr 25m	0hr 56m
Leisure away from home			0hr 23m	0hr 6m	0hr 6m	0hr 2m	0hr 9m	0hr 8m
Other travel			0hr 23m	0hr 23m	0hr 40m	0hr 27m	0hr 24m	0hr 26m
SOCIAL & EVENTS - Weekdays	0hr 36m	1hr 15m	1hr 28m	0hr 49m	0hr 44m	1hr 52m	2hr 8m	1hr 6m
SOCIAL & EVENTS - Weekend days	1hr 8m	1hr 54m	3hr 0m	2hr 10m	1hr 44m	3hr 59m	3hr 42m	2hr 11m
SOCIAL & EVENTS - Average days	0hr 45m	1hr 26m	1hr 55m	1hr 12m	1hr 1m	2hr 28m	2hr 36m	1hr 25m



Table 1:
Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)

	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Relax, do nothing	0hr 8m	0hr 19m	0hr 28m	0hr 18m	0hr 10m	0hr 12m	0hr 11m	0hr 11m
Computing & internet (including games)	0hr 10m	0hr 24m	0hr 6m	0hr 4m	0hr 7m	0hr 15m	0hr 11m	0hr 9m
Television	1hr 59m	2hr 5m	1hr 31m	1hr 58m	2hr 11m	1hr 9m	1hr 48m	2ht 11m
Radio, Ipod, other audio	0hr 8m	0hr 2m	0hr 3m	0hr 4m	0hr 5m	0hr 34m	0hr 6m	0hr 8m
Read	0hr 17m	0hr 15m	0hr 17m	0hr 24m	0hr 21m	0hr 32m	0hr 32m	0hr 22m
Other leisure and hobbies	0hr 30m	0hr 17m	0hr 10m	0hr 9m	0hr 8m	0hr 13m	0hr 16m	0hr 8m
OTHER LEISURE - Weekdays	2hr 45m	3hr 7m	2hr 28m	2hr 44m	2hr 47m	2hr 42m	2hr 52m	2hr 57m
OTHER LEISURE - Weekend days	4hr 23m	3hr 56m	2hr 57m	3hr 35m	3hr 43m	3hr 26m	3hr 36m	3hr 39m
OTHER LEISURE - Average days	3hr 12m	3hr 21m	2hr 36m	2hr 58m	3hr 3m	2hr 55m	3hr 5m	3hr 9m
Unrecorded time (average day)	0hr 6m	not available	0hr 3m	0hr 3m	0hr 3m	0hr 0m	0hr 3m	0hr 5m
Total diaries	12730	52556	34024	2667	3332	10088	2512	16427

**Table 1:**

Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)

	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Paid work/related activity (away from home)	3hr 22m	3hr 31m	3hr 49m	2hr 58m	3hr 17m	4hr 5m
Paid work at home	0hr 9m	0hr 6m	0hr 10m	not available	0hr 18m	0hr 14m
Study & job or skill training	0hr 13m	0hr 17m	0hr 12m	0hr 24m	0hr 8m	0hr 9m
Homework	0hr 14m	0hr 10m	0hr 6m	not available	0hr 3m	0hr 8m
Commuting, job & study-related travel	0hr 25m	0hr 31m	0hr 25m	not available	0hr 27m	0hr 21m
PAID WORK & STUDY - Weekdays	5hr 27m	5hr 45m	6hr 2m	3hr 57m	5hr 19m	6hr 13m
PAID WORK & STUDY - Weekend days	1hr 39m	1hr 41m	1hr 17m	2hr 28m	1hr 27m	1hr 44m
PAID WORK & STUDY - Average day	4hr 22m	4hr 35m	4hr 41m	3hr 22m	4hr 13m	4hr 56m
Cooking & food related housework	1hr 2m	1hr 1m	0hr 50m	1hr 16m	0hr 51m	0hr 30m
All other housework and repairs, gardening	1hr 42m	0hr 57m	0hr 58m	1hr 4m	0hr 59m	1hr 7m
Shopping, services, other domestic work	0hr 21m	0hr 37m	0hr 36m	0hr 14 m	0hr 41m	0hr 32m
Housework & personal care travel	0hr 16m	0hr 11m	0hr 19m	not available	0hr 19m	0hr 37m
UNPAID WORK - Weekdays	3hr 15m	2hr 45m	2hr 30m	2hr 29m	2hr 38m	2hr 27m
UNPAID WORK - Weekend days	3hr 33m	2hr 47m	3hr 20m	2hr 41m	3hr 21m	3hr 34m
UNPAID WORK - Average days	3hr 20m	2hr 45m	2hr 43m	2hr 34m	2hr 50m	2hr 46m
Physical/medical child care	0hr 12m	0hr 18m	0hr 17m	0hr 29m	0hr 20m	0hr 17m
Interactive & other child care	0hr 9m	0hr 5m	0hr 8m	not available	0hr 12m	0hr 17m
Child care-related travel	0hr 2m	0hr 5m	0hr 5m	not available	0hr 8m	0hr 5m
Pet care (excluding walking dogs)	0hr 2m	0hr 1m	0hr 2m	not available	0hr 3m	0hr 3m
CARE - Weekdays	0hr 27m	0hr 30m	0hr 33m	0hr 29m	0hr 45m	0hr 44m
CARE - Weekend days	0hr 22m	0hr 25m	0hr 31m	0hr 29m	0hr 40m	0hr 38m
CARE - Average days	0hr 26m	0hr 29m	0hr 32m	0hr 29m	0hr 44m	0hr 42m



Table 1:
Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)

	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Sleep & naps	8hr 18m	8hr 26m	8hr 4m	8hr 28m	8hr 24m	8hr 22m
Wash, dress, & other personal care	0hr 40m	0hr 48m	0hr 45m	2hr 41m	0hr 46m	0hr 48m
Meals (at home & packed lunches)	1hr 22m	1hr 37m	1hr 28m	not available	1hr 15m	0hr 50m
Walking (including walking dogs)	0hr 21m	0hr 33m	0hr 17m	not available	0hr 16m	0hr 4m
Sport & other exercise	0hr 14m	0hr 11m	0hr 17m	0hr 7m	0hr 11m	0hr 14m
PERSONAL CARE - Weekdays	10hr 31m	11hr 5m	10hr 18m	10hr 57m	10hr 31m	9hr 58m
PERSONAL CARE - Weekend days	11hr 56m	12hr 51m	12hr 13m	11hr 46m	11hr 45m	11hr 7m
PERSONAL CARE - Average days	10hr 55m	11hr 35m	10hr 50m	11hr 16m	10hr 52m	10hr 17m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 9m	0hr 11m	0hr 13m	0hr 39m	0hr 12m	0hr 24m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 19m	0hr 16m	0hr 18m	0hr 38m	0hr 16m	0hr 49m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 12m	0hr 12m	0hr 14m	0hr 38m	0hr 13m	0hr 31m
Restaurant, bar, pub, café	0hr 5m	0hr 8m	0hr 3m	not available	0hr 9m	0hr 15m
Party, visits & socialise away from home	0hr 37m	0hr 44m	0hr 35m	0hr 3m	0hr 45m	0hr 6m
Party, visits & socialise at home	0hr 25m	0hr 12m	0hr 27m	1hr 11m	0hr 16m	0hr 54m
Leisure away from home	0hr 5m	0hr 7m	0hr 6m	not available	0hr 8m	0hr 9m
Other travel	0hr 29m	0hr 28m	0hr 41m	1hr 20m	0hr 30m	0hr 19m
SOCIAL & EVENTS - Weekdays	1hr 16m	1hr 11m	1hr 31m	2hr 30m	1hr 27m	1hr 24m
SOCIAL & EVENTS - Weekend days	2hr 38m	2hr 46m	2hr 46m	2hr 40m	2hr 40m	2hr 34m
SOCIAL & EVENTS - Average days	1hr 39m	1hr 39m	1hr 52m	2hr 34m	1hr 48m	1hr 44m

**Table 1:**

Total hours and minutes per day - whole population aged 18 to 64 (15-64 in Japan and Turkey)

	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Relax, do nothing	0hr 29m	0hr 23m	0hr 22m	0hr 34m	0hr 19m	0hr 16m
Computing & internet (including games)	0hr 6m	0hr 9m	0hr 12m	not available	0hr 10m	0hr 10m
Television	1hr 53m	1hr 43m	1hr 42m	1hr 58m	2hr 14m	2hr 14m
Radio, Ipod, other audio	0hr 5m	0hr 3m	0hr 4m	0hr 4m	0hr 6m	0hr 3m
Read	0hr 21m	0hr 14m	0hr 28m	0hr 11m	0hr 21m	0hr 16m
Other leisure and hobbies	0hr 10m	0hr 10m	0hr 14m	0hr 16m	0hr 6m	0hr 3m
OTHER LEISURE - Weekdays	2hr 52m	2hr 30m	2hr 48m	2hr 53m	3hr 3m	2hr 49m
OTHER LEISURE - Weekend days	3hr 30m	3hr 12m	3hr 43m	3hr 16m	3hr 46m	3hr 33m
OTHER LEISURE - Average days	3hr 3m	2hr 42m	3hr 3m	3hr 3m	3hr 16m	3hr 2m
Unrecorded time (average day)	0hr 2m	0hr 2m	0hr 6m	not available	0hr 5m	0hr 1m
Total diaries	4824	32757	3568	19663	14361	16596



Table 2: Total hours and minutes per day - all men aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Paid work/related activity (away from home)	4hr 52m	3hr 21m	4hr 42m	3hr 53m	4hr 31m	3hr 47m	3hr 55m	3hr 37m
Paid work at home	0hr 22m	0hr 11 m	0hr 15m	0hr 2m	0hr 15m	0hr 21m	0hr 13m	0hr 13m
Study & job or skill training	0hr 5m	0hr 15m	0hr 15m	0hr 5m	0hr 10m	0hr 14m	0hr 16m	0hr 14m
Homework	0hr 7m	0hr 8m	0hr 8m	0hr 2m	0hr 3m	0hr 5m	0hr 10m	0hr 6m
Commuting, job & study-related travel	0hr 35m	0hr 31m	1hr 10m	0hr 27m	0hr 32m	0hr 22m	0hr 29m	0hr 33m
PAID WORK & STUDY - Weekdays	7hr 28m	5hr 41m	7hr 59m	5hr 29m	6hr 45m	6hr 10m	6hr 26m	6hr 7m
PAID WORK & STUDY - Weekend days	2hr 22m	1hr 19m	2hr 44m	1hr 58m	2hr 26m	1hr 29m	1hr 34m	1hr 13m
Cooking & food related housework	0hr 31m	0hr 29m	0hr 10m	0hr 18m	0hr 24m	0hr 24m	0hr 21m	0hr 22m
All other housework and repairs, gardening	0hr 44m	0hr 58m	0hr 20m	1hr 38m	1hr 12m	0hr 56m	0hr 41m	0hr 57m
Shopping, services, other domestic work	0hr 28m	0hr 29m	0hr 20m	0hr 13m	0hr 25m	0hr 29m	0hr 34m	0hr 35m
Housework & personal care travel	0hr 20m	0hr 14m	0hr 9m	0hr 16m	0hr 18m	0hr 15m	0hr 1m	0hr 19m
UNPAID WORK - Weekdays	1hr 45m	2hr 7m	0hr 52m	2hr 13m	2hr 4m	1hr 58m	0hr 27m	2hr 8m
UNPAID WORK - Weekend days	2hr 51m	2hr 22m	1hr 13m	2hr 57m	2hr 59m	2hr 17m	2hr 4m	2hr 26m
Physical/medical child care	0hr 7m	0hr 5m	0hr 2m	0hr 2m	0hr 6m	0hr 7m	0hr 6m	0hr 5m
Interactive & other child care	0hr 17m	0hr 4m	0hr 4m	0hr 6m	0hr 4m	0hr 5m	0hr 5m	0hr 6m
Child care-related travel	0hr 4m	0hr 2m	0hr 2m	0hr 1m	0hr 1m	0hr 2m	0hr 2m	0hr 2m
Pet care (excluding walking dogs)	0hr 3m	0hr 2m	0hr 2m	0hr 1m	0hr 1m	0hr 2m	0hr 4m	0hr 3m
CARE - Weekdays	0hr 29m	0hr 14m	0hr 8m	0hr 9m	0hr 12m	0hr 15m	0hr 17m	0hr 14m
CARE - Weekend days	0hr 40m	0hr 15m	0hr 10m	0hr 10m	0hr 15m	0hr 19m	0hr 22m	0hr 18m



Table 2: Total hours and minutes per day - all men aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Sleep & naps	8hr 23m	8hr 12m	7hr 50m	8hr 58m	8hr 21m	8hr 21m	8hr 39m	8hr 7m
Wash, dress, & other personal care	0hr 47m	0hr 41m	0hr 54m	0hr 39m	0hr 52m	0hr 38m	0hr 41m	0hr 48m
Meals (at home & packed lunches)	0hr 55m	1hr 32m	0hr 57m	1hr 48m	1hr 14m	1hr 13m	1hr 46m	1hr 31m
Walking (including walking dogs)	0hr 5m	0hr 15m	0hr 5m	0hr 18m	0hr 14m	0hr 15m	0hr 17m	0hr 14m
Sport & other exercise	0hr 20m	0hr 16m	0hr 11m	0hr 12m	0hr 13m	0hr 25m	0hr 12m	0hr 16m
PERSONAL CARE - Weekdays	10hr 4m	10hr 27m	9hr 25m	11hr 26m	10hr 30m	10hr 18m	11hr 8m	10hr 23m
PERSONAL CARE - Weekend days	11hr 33m	12hr 8m	11hr 18m	13hr 5m	11hr 55m	12hr 16m	12hr 44m	12hr 17m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 8m	0hr 7m	0hr 16m	0hr 8m	0hr 15m	0hr 16m	0hr 11m	0hr 18m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 12m	0hr 14m	0hr 33m	0hr 14m	0hr 22m	0hr 18m	0hr 16m	0hr 24 m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 9m	0hr 9m	0hr 21m	0hr 10m	0hr 17m	0hr 17m	0hr 13m	0hr 20m
Restaurant, bar, pub, café	0hr 11m	0hr 13m	0hr 26m	0hr 21m	0hr 3m	0hr 7m	0hr 30m	0hr 7m
Party, visits & socialise away from home	0hr 19m	0hr 40m	0hr 23m	0hr 25m	0hr 21m	0hr 35m	0hr 27m	0hr 40m
Party, visits & socialise at home	0hr 3m	0hr 17m	0hr 16m	0hr 16m	0hr 10m	0hr 17m	0hr 13m	0hr 24m
Leisure away from home	0hr 18m	0hr 10m	0hr 3m	0hr 1m	0hr 6m	0hr 7m	0hr 15m	0hr 14m
Other travel	0hr 17m	0hr 46m	0hr 25m	0hr 26m	0hr 25m	0hr 37m	0hr 33m	0hr 37m
SOCIAL & EVENTS - Weekdays	0hr 48m	1hr 38m	0hr 58m	1hr 19m	0hr 50m	1hr 23m	1hr 27m	1hr 38m
SOCIAL & EVENTS - Weekend days	2hr 0m	3hr 19m	3hr 0m	1hr 50m	1hr 42m	2hr 30m	3hr 13m	3hr 4m



Table 2: Total hours and minutes per day - all men aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Relax, do nothing	0hr 13m	0hr 24m	0hr 18m	0hr 8m	0hr 17m	0hr 19m	0hr 6m	0hr 14m
Computing & internet (including games)	0hr 5m	0hr 32m	0hr 12m	0hr 1m	0hr 5m	0hr 12m	0hr 8m	0hr 24m
Television	1hr 58m	2hr 24m	2hr 3m	2hr 37m	2hr 27m	2hr 19m	2hr 1m	1hr 54m
Radio, Ipod, other audio	0hr 24m	0hr 5m	0hr 14m	0hr 5m	0hr 8m	0hr 9m	0hr 4m	0hr 5m
Read	0hr 17m	0hr 21m	0hr 12m	0hr 19m	0hr 34m	0hr 41m	0hr 19m	0hr 32m
Other leisure and hobbies	0hr 32m	0hr 11m	0hr 21m	0hr 13m	0hr 6m	0hr 11m	0hr 38m	0hr 17m
OTHER LEISURE - Weekdays	3hr 10m	3hr 46m	2hr 20m	3hr 15m	3hr 21m	3hr 32m	3hr 4m	3hr 8m
OTHER LEISURE - Weekend days	4hr 15m	4hr 22m	4hr 43m	3hr 44m	4hr 17m	4hr 38m	3hr 47m	4hr 13m
Unrecorded time (average day)	0hr 8m	0hr 1m	0m	0hr 2m	0hr 4m	0hr 10m	not available	0hr 4m
Total diaries	5017	2344	373	2453	1893	1835	5737	3352



Table 2: Total hours and minutes per day - all men aged 18 to 64 (15-64 in Japan and Turkey)	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Paid work/related activity (away from home)	6hr 0m	4hr 59m	4hr 39m	4hr 54m	4hr 4m	3hr 54m	4hr 10m	3hr 38m
Paid work at home	0hr 18m	0hr 2m	0hr 5m	0hr 20m	0hr 52m	0hr 14m	0hr 12m	0hr 30m
Study & job or skill training	0hr 37m	0hr 21m	0hr 9m	0hr 15m	0hr 18m	0hr 14m	0hr 11m	0hr 17m
Homework	0hr 11m	0hr 3m	0hr 9m	0hr 5m	0hr 4m	0hr 9m	0hr 6m	0hr 10m
Commuting, job & study-related travel	0hr 51m	1hr 9m	0hr 39m	0hr 42m	0hr 33m	0hr 33m	0hr 30m	0hr 29m
PAID WORK & STUDY - Weekdays	9hr 32m	7hr 25m	6hr 58m	7hr 53m	7hr 12m	6hr 36m	6hr 42m	6hr 8m
PAID WORK & STUDY - Weekend days	4hr 1m	4hr 15m	2hr 27m	2hr 14m	2hr 30m	1hr 11m	1hr 24m	2hr 25m
Cooking & food related housework	0hr 7m	0hr 7m	0hr 15m	0hr 16m	0hr 21m	0hr 34m	0hr 31m	0hr 29m
All other housework and repairs, gardening	0hr 17m	0hr 21m	0hr 31m	0hr 57m	1hr 8m	0hr 43m	0hr 49m	0hr 59m
Shopping, services, other domestic work	0hr 16m	0hr 15m	0hr 23m	0hr 16m	0hr 13m	0hr 28m	0hr 31m	0hr 20m
Housework & personal care travel	0hr 8m	0hr 11m	0hr 13m	0hr 17m	0hr 17m	0hr 17m	0hr 14m	0hr 16m
UNPAID WORK - Weekdays	0hr 32m	0hr 49m	1hr 15m	1hr 30m	1hr 47m	0hr 23m	1hr 52m	2hr 8m
UNPAID WORK - Weekend days	1hr 26m	0hr 58m	1hr 36m	2hr 26m	2hr 27m	0hr 29m	2hr 37m	1hr 55m
Physical/medical child care	0hr 1m	0hr 2m	0hr 5m	0hr 2m	0hr 3m	0hr 8m	0hr 12m	0hr 6m
Interactive & other child care	0hr 4m	0hr 6m	0hr 8m	0hr 2m	0hr 4m	0hr 8m	0hr 5m	0hr 10m
Child care-related travel	0hr 1m	0hr 3m	0hr 2m	0hr 1m	0hr 1m	0hr 2m	0hr 2m	0hr 1m
Pet care (excluding walking dogs)	0hr 1m	not available	0hr 1m	0hr 1m	0hr 1m	0hr 7m	0hr 1m	0hr 2m
CARE - Weekdays	0hr 5m	0hr 12m	0hr 15m	0hr 6m	0hr 9m	0hr 23m	0hr 18m	0hr 18m
CARE - Weekend days	0hr 13m	0hr 20m	0hr 17m	0hr 7m	0hr 11m	0hr 29m	0hr 28m	0hr 22m



Table 2: Total hours and minutes per day - all men aged 18 to 64 (15-64 in Japan and Turkey)	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Sleep & naps	7hr 47m	7hr 48m	8hr 10m	8hr 30m	8hr 23m	8hr 16m	7hr 56m	8hr 17m
Wash, dress, & other personal care	0hr 57m	1hr 11m	1hr 1m	0hr 37m	0hr 53m	0hr 48m	0hr 42m	0hr 49m
Meals (at home & packed lunches)	1hr 50m	1hr 42m	1hr 39m	1hr 28m	1hr 29m	1hr 18m	1hr 15m	1hr 28m
Walking (including walking dogs)	0hr 21m	0hr 13m	0hr 22m	0hr 15m	0hr 9m	not available	0hr 14m	0hr 19m
Sport & other exercise								
PERSONAL CARE - Weekdays	10hr 28m	10hr 56m	11hr 3m	10hr 35m	10hr 42m	10hr 17m	9hr 59m	10hr 42m
PERSONAL CARE - Weekend days	11hr 59m	11hr 50m	12hr 31m	12hr 34m	12hr 15m	11hr 35m	11hr 40m	12hr 12m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 2m	0hr 10m	0hr 8m	0hr 10m	0hr 14m	0hr 27m	0hr 12m	0hr 20m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 8m	0hr 14m	0hr 17m	0hr 19m	0hr 26m	0hr 28m	0hr 16m	0hr 36m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 4m	0hr 12m	0hr 11m	0hr 13m	0hr 18m	0hr 27m	0hr 13m	0hr 25m
Restaurant, bar, pub, café								
Party, visits & socialise away from home	0hr 18m	not available	0hr 16m	0hr 5m	0hr 1m	0hr 19m	0hr 8m	0hr 3m
Party, visits & socialise at home		0hr 27m	0hr 47m	0hr 25m	0hr 24m	1hr 1m	0hr 47m	0hr 31m
Leisure away from home		0hr 10m	0hr 14m	0hr 11m	0hr 12m	0hr 21m	0hr 46m	0hr 22m
Other travel	0hr 24m	0hr 22m	0hr 22m	0hr 6m	0hr 6m	0hr 1m	0hr 9m	0hr 8m
SOCIAL & EVENTS - Weekdays	0hr 32m	1hr 8m	1hr 38m	0hr 51m	0hr 46m	0hr 29m	1hr 36m	1hr 57m
SOCIAL & EVENTS - Weekend days	1hr 8m	1h 58m	3hr 25m	2hr 18m	0hr 27m	0hr 52m	3hr 48m	1hr 8m
								2hr 17m



Table 2: Total hours and minutes per day - all men aged 18 to 64 (15-64 in Japan and Turkey)	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Relax, do nothing	0hr 8m	0hr 21m	0hr 28m	0hr 20m	0hr 12m	0hr 11m	0hr 11m	0hr 13m
Computing & internet (including games)	0hr 14m	0hr 32m	0hr 10m	0hr 6m	0hr 11m	0hr 24m	0hr 16m	0hr 14m
Television	2hr 1m	2hr 5m	1hr 42m	2hr 12m	2hr 32m	1hr 10m	2hr 2m	2hr 26m
Radio, Ipod, other audio	0hr 7m	0hr 3m	0hr 4m	0hr 5m	0hr 6m	0hr 43m	0hr 6m	0hr 10m
Read	0hr 18m	0hr 18m	0hr 19m	0hr 21m	0hr 21m	0hr 33m	0hr 28m	0hr 19m
Other leisure and hobbies	0hr 33m	0hr 21m	0hr 10m	0hr 6m	0hr 4m	0hr 10m	0hr 12m	0hr 7m
OTHER LEISURE - Weekdays	2hr 41m	3hr 20m	2hr 40m	2hr 52m	3hr 6m	2hr 50m	2hr 57m	3hr 12m
OTHER LEISURE - Weekend days	4hr 59m	4hr 25m	3hr 24m	3hr 59m	4hr 17m	4hr 3m	3hr 57m	4hr 8m
Unrecorded time (average day)	0hr 5m	not available	0hr 3m	0hr 2m	0hr 3m	0hr 0m	0hr 3m	0hr 5m
Total diaries	6115	24144	16541	1184	1509	3990	1275	7024

**Table 2:**

Total hours and minutes per day - all men aged 18 to 64 (15-64 in Japan and Turkey)

	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Paid work/related activity (away from home)	3hr 56m	4hr 42m	4hr 29m	4hr 42m	4hr 7m	4hr 53m
Paid work at home	0hr 11m	0hr 6m	0hr 10m	not available	0hr 28m	0hr 15m
Study & job or skill training	0hr 12m	0hr 15m	0hr 11m	0hr 26m	0hr 9m	0hr 10m
Homework	0hr 12m	0hr 10m	0hr 5m	not available	0hr 2m	0hr 7m
Commuting, job & study-related travel	0hr 27m	0hr 38m	0hr 27m	not available	0hr 33m	0hr 26m
PAID WORK & STUDY - Weekdays	6hr 9m	7hr 23m	6hr 59m	6hr 2m	6hr 42m	7hr 20m
PAID WORK & STUDY - Weekend days	1hr 59m	2hr 1m	1hr 21m	3hr 46m	1hr 53m	2hr 7m
Cooking & food related housework	0hr 19m	0hr 22m	0hr 34m	0hr 6m	0hr 30m	0hr 16m
All other housework and repairs, gardening	1hr 34m	0hr 28m	0hr 53m	0hr 15m	0hr 45m	0hr 55m
Shopping, services, other domestic work	0hr 17m	0hr 22m	0hr 31m	0hr 14m	0hr 31m	0hr 25m
Housework & personal care travel	0hr 15m	0hr 9m	0hr 18m	not available	0hr 16m	0hr 35m
UNPAID WORK - Weekdays	2hr 23m	1hr 14m	2hr 0m	0hr 30m	1hr 44m	1hr 51m
UNPAID WORK - Weekend days	2hr 31m	1hr 39m	3hr 1m	0hr 44m	2hr 44m	3hr 2m
Physical/medical child care	0hr 5m	0hr 8m	0hr 11m	0hr 11m	0hr 10m	0hr 8m
Interactive & other child care	0hr 7m	0hr 5m	0hr 7m	not available	0hr 8m	0hr 12m
Child care-related travel	0hr 2m	0hr 2m	0hr 4m	not available	0hr 5m	0hr 3m
Pet care (excluding walking dogs)	0hr 2m	0hr 1m	0hr 1m	not available	0hr 2m	0hr 3m
CARE - Weekdays	0hr 15m	0hr 15m	0hr 22m	0hr 10m	0hr 25m	0hr 25m
CARE - Weekend days	0hr 15m	0hr 19m	0hr 26m	0hr 13m	0hr 30m	0hr 28m

**Table 2:**

Total hours and minutes per day - all men aged 18 to 64 (15-64 in Japan and Turkey)

	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Sleep & naps	8hr 17m	8hr 28m	7hr 58m	8hr 24m	8hr 18m	8hr 14m
Wash, dress, & other personal care	0hr 39m	0hr 47m	0hr 38m	2hr 45m	0hr 41m	0hr 40m
Meals (at home & packed lunches)	1hr 24m	1hr 37m	1hr 24m	not available	1hr 13m	0hr 52m
Walking (including walking dogs)	0hr 21m	0hr 33m	0hr 14m	not available	0hr 17m	0hr 3m
Sport & other exercise	0hr 18m	0hr 15m	0hr 23m	0hr 10m	0hr 14m	0hr 19m
PERSONAL CARE - Weekdays	10hr 33m	11hr 5m	10hr 0m	10hr 56m	10hr 20m	9hr 46m
PERSONAL CARE - Weekend days	12hr 3m	13hr 11m	12hr 11m	11hr 54m	11hr 42m	11hr 3m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 10m	0hr 8m	0hr 14m	0hr 30m	0hr 10m	0hr 20m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 22m	0hr 15m	0hr 19m	0hr 32m	0hr 15m	0hr 46m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 14m	0hr 10m	0hr 14m	0hr 31m	0hr 12m	0hr 27m
Restaurant, bar, pub, café	0hr 6m	0hr 8m	0hr 3m	not available	0hr 10m	0hr 15m
Party, visits & socialise away from home	0hr 41m	0hr 49m	0hr 36m	0hr 4m	0hr 43m	0hr 6m
Party, visits & socialise at home	0hr 22m	0hr 11m	0hr 21m	1hr 5m	0hr 13m	0hr 51m
Leisure away from home	0hr 5m	0hr 7m	0hr 5m	not available	0hr 7m	0hr 10m
Other travel	0hr 32m	0hr 30m	0hr 42m	1hr 43m	0hr 31m	0hr 19m
SOCIAL & EVENTS - Weekdays	1hr 19m	1hr 16m	1hr 26m	2hr 45m	1hr 21m	1hr 19m
SOCIAL & EVENTS - Weekend days	2hr 50m	3hr 0m	2hr 47m	3hr 3m	2hr 43m	2hr 35m



	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Relax, do nothing	0hr 33m	0hr 22m	0hr 20m	0hr 36m	0hr 16m	0hr 16m
Computing & internet (including games)	0hr 9m	0hr 13m	0hr 18m	not available	0hr 15m	0hr 12m
Television	2hr 7m	1hr 50m	1hr 52m	2hr 2m	2hr 27m	2hr 26m
Radio, Ipod, other audio	0hr 6m	0hr 5m	0hr 5m	0hr 4m	0hr 7m	0hr 4m
Read	0hr 20m	0hr 15m	0hr 25m	0hr 12m	0hr 21m	0hr 14m
Other leisure and hobbies	0hr 9m	0hr 9m	0hr 14m	0hr 26m	0hr 5m	0hr 3m
OTHER LEISURE - Weekdays	3hr 9m	2hr 37m	2hr 54m	3hr 4m	3hr 14m	2hr 58m
OTHER LEISURE - Weekend days	3hr 58m	3hr 34m	4hr 4m	3hr 46m	4hr 9m	3hr 58m
Unrecorded time (average day)	0hr 2m	0hr 2m	0hr 5m	not available	0hr 4m	0hr 1m
Total diaries	2272	15449	1549	9851	7019	8147



Table 3: Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Paid work/related activity (away from home)	2hr 36m	2hr 4m	2hr 49m	2hr 56m	3hr 17m	2hr 36m	2hr 24m	2hr 13m
Paid work at home	0hr 13m	0hr 7m	0hr 27m	0hr 2m	0hr 12m	0hr 15m	0hr 9m	0hr 7m
Study & job or skill training	0hr 6m	0hr 19m	0hr 21m	0hr 6m	0hr 8m	0hr 16m	0hr 16m	0hr 14m
Homework	0hr 10m	0hr 11m	0hr 11m	0hr 6m	0hr 4m	0hr 7m	0hr 10m	0hr 6m
Commuting, job & study-related travel	0hr 20m	0hr 22m	0hr 37m	0hr 21m	0hr 25m	0hr 19m	0hr 19m	0hr 19m
PAID WORK & STUDY - Weekdays	4hr 20m	3hr 55m	5hr 21m	4hr 27m	5hr 5m	4hr 34m	4hr 10m	3hr 50m
PAID WORK & STUDY - Weekend days	1hr 8m	0hr 57m	1hr 56m	1hr 11m	1hr 41m	1hr 5m	1hr 5m	0hr 47m
Cooking & food related housework	1hr 14m	1hr 9m	1hr 12m	2hr 5m	1hr 36m	1hr 4m	1hr 21m	1hr 3m
All other housework and repairs, gardening	1hr 19m	1hr 30m	1hr 22m	1hr 40m	1hr 29m	1hr 15m	1hr 34m	1hr 27m
Shopping, services, other domestic work	0hr 49m	0hr 41m	0hr 33m	0hr 17m	0hr 35m	0hr 38m	1hr 46m	0hr 48m
Housework & personal care travel	0hr 26m	0hr 18m	0hr 14m	0hr 17m	0hr 18m	0hr 16m	0hr 1m	0hr 22m
UNPAID WORK - Weekdays	3hr 39m	3hr 41m	3hr 22m	4hr 3m	3hr 45m	3hr 9m	3hr 37m	3hr 47m
UNPAID WORK - Weekend days	4hr 13m	3hr 33m	3hr 19m	5hr 2m	4hr 32m	3hr 20m	3hr 52m	3hr 25m
Physical/medical child care	0hr 31m	0hr 17m	0hr 20m	0hr 15m	0hr 30m	0hr 24m	0hr 25m	0hr 18m
Interactive & other child care	0hr 36m	0hr 7m	0hr 9m	0hr 11m	0hr 11m	0hr 9m	0hr 11m	0hr 11m
Child care-related travel	0hr 11m	0hr 4m	0hr 5m	0hr 2m	0hr 3m	0hr 3m	0hr 6m	0hr 5m
Pet care (excluding walking dogs)	0hr 7m	0hr 3m	0hr 1m	0hr 1m	0hr 2m	0hr 3m	0hr 5m	0hr 4m
CARE - Weekdays	1hr 28m	0hr 33m	0hr 37m	0hr 30m	0hr 48m	0hr 40m	0hr 51m	0hr 41m
CARE - Weekend days	1hr 16m	0hr 28m	0hr 29m	0hr 25m	0hr 40m	0hr 34m	0hr 38m	0hr 30m



Table 3: Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Sleep & naps	8hr 27m	8hr 31m	8hr 14m	8hr 53m	8hr 21m	8hr 30m	8hr 51m	8hr 15m
Wash, dress, & other personal care	0hr 58m	0hr 47m	1hr 8m	0hr 37m	0hr 54m	0hr 47m	0hr 46m	0hr 55m
Meals (at home & packed lunches)	0hr 59m	1hr 35m	1hr 4m	1hr 48m	1hr 09m	1hr 11m	1hr 46m	1hr 36m
Walking (including walking dogs)	0hr 8m	0hr 14m	0hr 6m	0hr 18m	0hr 14m	0hr 19m	0hr 15m	0hr 17m
Sport & other exercise	0hr 12m	0hr 7m	0hr 6m	0hr 4m	0hr 5m	0hr 15m	0hr 6m	0hr 12m
PERSONAL CARE - Weekdays	10hr 24m	10hr 50m	10hr 14m	11hr 13m	10hr 21m	10hr 38m	11hr 20m	10hr 47m
PERSONAL CARE - Weekend days	11hr 31m	12hr 12m	11hr 38m	12hr 46m	11hr 39m	12hr 3m	12hr 46m	12hr 26m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 14m	0hr 3m	0hr 28m	0hr 7m	0hr 11m	0hr 16m	0hr 9m	0hr 17m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 13m	0hr 10m	0hr 40m	0hr 11m	0hr 19m	0hr 22m	0hr 11m	0hr 21m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 13m	0hr 5m	0hr 32m	0hr 8m	0hr 14m	0hr 18m	0hr 10m	0hr 18m
Restaurant, bar, pub, café	0hr 11m	0hr 13m	0hr 12m	0hr 10m	0hr 1m	0hr 5m	0hr 24m	0hr 7m
Party, visits & socialise away from home	0hr 19m	0hr 37m	0hr 27m	0hr 20m	0hr 19m	0hr 30m	0hr 27m	0hr 38m
Party, visits & socialise at home	0hr 3m	0hr 24m	0hr 26m	0hr 16m	0hr 14m	0hr 26m	0hr 17m	0hr 33m
Leisure away from home	0hr 23m	0hr 12m	0hr 1m	0hr 1m	0hr 5m	0hr 6m	0hr 10m	0hr 14m
Other travel	0hr 17m	0hr 44m	0hr 22m	0hr 17m	0hr 21m	0hr 35m	0hr 32m	0hr 37m
SOCIAL & EVENTS - Weekdays	0hr 56m	1hr 44m	1hr 3m	0hr 53m	0hr 46m	1hr 24m	1hr 24m	1hr 48m
SOCIAL & EVENTS - Weekend days	1hr 55m	3hr 12m	2hr 33m	1hr 27m	1hr 32m	2hr 26m	2hr 51m	3hr 0m



Table 3: Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Relax, do nothing	0hr 13m	0hr 27m	0hr 14m	0hr 7m	0hr 12m	0hr 17m	0hr 6m	0hr 16m
Computing & internet (including games)	0hr 1m	0hr 13m	0hr 2m	0hr 1m	0hr 1m	0hr 4m	0hr 2m	0hr 9m
Television	1hr 31m	2hr 1m	1hr 52m	2hr 8m	1hr 59m	1hr 54m	1hr 46m	1hr 34m
Radio, Ipod, other audio	0hr 16m	0hr 3m	0hr 6m	0hr 3m	0hr 5m	0hr 8m	0hr 2m	0hr 4m
Read	0hr 20m	0hr 21m	0hr 5m	0hr 15m	0hr 36m	0hr 44m	0hr 20m	0hr 34m
Other leisure and hobbies	0hr 46m	0hr 12m	0hr 6m	0hr 14m	0hr 16m	0hr 18m	0hr 17m	0hr 20m
OTHER LEISURE - Weekdays	2hr 54m	3hr 13m	2hr 10m	2hr 45m	2hr 59m	3hr 10m	2hr 30m	2hr 26m
OTHER LEISURE - Weekend days	3hr 39m	3hr 27m	2hr 59m	2hr 56m	3hr 32m	4hr 0m	2hr 37m	3hr 26m
Unrecorded time (average day)	0hr 5m	0hr 2m	0m	0hr 2m	0hr 5m	0hr 9m	not available	0hr 5m
Total diaries	5612	2513	458	2656	2183	2093	5915	3881



Table 3: Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Paid work/related activity (away from home)	3hr 11m	2hr 29m	2hr 6m	3hr 31m	3hr 5m	1hr 51m	2hr 48m	2hr 7m
Paid work at home	0hr 14m	0hr 1m	0hr 3m	0hr 23m	0hr 45m	0hr 7m	0hr 8m	0hr 17 m
Study & job or skill training	0hr 33m	0hr 15m	0hr 10m	0hr 17m	0hr 15m	0hr 15m	0hr 13m	0hr 16m
Homework	0hr 8m	0hr 3m	0hr 14m	0hr 7m	0hr 7m	0hr 7m	0hr 8m	0hr 12m
Commuting, job & study-related travel	0hr 29m	0hr 35m	0hr 21m	0hr 32m	0hr 26m	0hr 18m	0hr 23m	0hr 21m
PAID WORK & STUDY - Weekdays	5hr 25m	3hr 51m	3hr 34m	6hr 5m	5hr 45m	3hr 23m	4hr 38m	3hr 57m
PAID WORK & STUDY - Weekend days	2hr 27m	2hr 4m	1hr 16m	1hr 42m	1hr 51m	0hr 44m	1hr 13m	1hr 22m
Cooking & food related housework	1hr 31m	1hr 32m	1hr 46m	1hr 20m	1hr 34m	1hr 9m	1hr 6m	1hr 51m
All other housework and repairs, gardening	1hr 26m	1hr 30m	2hr 00m	1hr 15m	1hr 34m	1hr 14m	1hr 0m	1hr 18m
Shopping, services, other domestic work	0hr 36m	0hr 33m	0hr 40m	0hr 28m	0hr 22m	0hr 43m	0hr 40m	0hr 30m
Housework & personal care travel	0hr 16m	0hr 20m	0hr 18m	0hr 25m	0hr 20m	0hr 19m	0hr 15m	0hr 20m
UNPAID WORK - Weekdays	3hr 40m	3hr 38m	4hr 46m	3hr 16m	3hr 39m	1hr 12m	2hr 58m	4hr 6m
UNPAID WORK - Weekend days	4hr 12m	3hr 55m	4hr 38m	3hr 54m	4hr 18m	0hr 55m	3hr 7m	3hr 44m
Physical/medical child care	0hr 12m	0hr 25m	0hr 20m	0hr 16m	0hr 19m	0hr 25m	0hr 28m	0hr 23m
Interactive & other child care	0hr 13m	0hr 16m	0hr 11m	0hr 8m	0hr 10m	0hr 21m	0hr 10m	0hr 18m
Child care-related travel	0hr 6m	0hr 6m	0hr 6m	0hr 3m	0hr 2m	0hr 8m	0hr 4m	0hr 3m
Pet care (excluding walking dogs)	0hr 1m	not available	0hr 1m	0hr 2m	0hr 1m	0hr 13m	0hr 1m	0hr 2m
CARE - Weekdays	0hr 34m	0hr 56m	0hr 42m	0hr 30m	0hr 34m	1hr 2m	0hr 45m	0hr 49m
CARE - Weekend days	0hr 29m	0hr 48m	0hr 31m	0hr 24m	0hr 28m	0hr 55m	0hr 36m	0hr 39m



Table 3: Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Sleep & naps	7hr 34m	7hr 45m	8hr 12m	8hr 35m	8hr 26m	8hr 40m	8hr 9m	8hr 29m
Wash, dress, & other personal care	1hr 16m	1hr 20m	1hr 2m	0hr 44m	0hr 56m	0hr 54m	0hr 53m	0hr 55m
Meals (at home & packed lunches)	1hr 55m	1hr 36m	1hr 40m	1hr 21m	1hr 24m	1hr 17m	1hr 11m	1hr 30m
Walking (including walking dogs)	0hr 15m	0hr 12m	0hr 19m	0hr 18m	0hr 11m	not available	0hr 16m	0hr 18m
Sport & other exercise		0hr 9m	0hr 7m	0hr 6m	0hr 5m	0hr 13m	0hr 15m	0hr 5m
PERSONAL CARE - Weekdays	10hr 46m	10hr 52m	11hr 3m	10hr 33m	10hr 38m	10hr 48m	10hr 18m	10hr 55m
PERSONAL CARE - Weekend days	11hr 36m	11hr 28m	12hr 3m	12hr 21m	12hr 5m	11hr 43m	11hr 45m	12hr 13m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 4m	0hr 18m	0hr 16m	0hr 9m	0hr 10m	0hr 27m	0hr 13m	0hr 20m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 8m	0hr 26m	0hr 24m	0hr 20m	0hr 24m	0hr 25m	0hr 11m	0hr 39m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 5m	0hr 21m	0hr 18m	0hr 12m	0hr 14m	0hr 26m	0hr 12m	0hr 25m
Restaurant, bar, pub, café		not available	0hr 11m	0hr 4m	0hr 1m	0hr 15m	0hr 9m	0hr 2m
Party, visits & socialise away from home	0hr 25m	0hr 29m	0hr 31m	0hr 22m	0hr 19m	1hr 18m	0hr 50m	0hr 26m
Party, visits & socialise at home		0hr 14m	0hr 19m	0hr 14m	0hr 14m	0hr 28m	1hr 7m	0hr 26m
Leisure away from home		0hr 21m	0hr 5m	0hr 6m	0hr 2m	0hr 9m	0hr 7m	0hr 3m
Other travel	0hr 22m	0hr 21m	0hr 35m	0hr 24m	0hr 21m	0hr 27m	0hr 34m	0hr 26m
SOCIAL & EVENTS - Weekdays	0hr 39m	1hr 31m	1hr 19m	0hr 48m	0hr 42m	2hr 2m	2hr 20m	1hr 5m
SOCIAL & EVENTS - Weekend days	1hr 8m	1hr 51m	2hr 35m	2hr 2m	1hr 37m	4hr 6m	3hr 51m	2hr 5m



Table 3: Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)	Japan 2006	Korea 2004	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04
Relax, do nothing	0hr 8m	0hr 18m	0hr 28m	0hr 17m	0hr 9m	0hr 12m	0hr 11m	0hr 10m
Computing & internet (including games)	0hr 7m	0hr 15m	0hr 3m	0hr 2m	0hr 4m	0hr 10m	0hr 6m	0hr 4m
Television	1hr 56m	2hr 5m	1hr 21m	1hr 45m	1hr 53m	1hr 8m	1hr 35m	1hr 57m
Radio, Ipod, other audio	0hr 8m	0hr 2m	0hr 3m	0hr 4m	0hr 4m	0hr 29m	0hr 6m	0hr 7m
Read	0hr 17m	0hr 12m	0hr 16m	0hr 26m	0hr 22m	0hr 31m	0hr 36m	0hr 25m
Other leisure and hobbies	0hr 27m	0hr 13m	0hr 11m	0hr 12m	0hr 11m	0hr 15m	0hr 21m	0hr 9m
OTHER LEISURE - Weekdays	2hr 45m	2hr 54m	2hr 17m	2hr 36m	2hr 30m	2hr 37m	2hr 46m	2hr 43m
OTHER LEISURE - Weekend days	3hr 49m	3hr 28m	2hr 31m	3hr 13m	3hr 13m	3hr 2m	3hr 14m	3hr 12m
Unrecorded time (average day)	0hr 8m	not available	0hr 3m	0hr 3m	0hr 4m	0hr 0m	0hr 3m	0hr 5m
Total diaries	6615	28412	17483	1483	1823	6098	1237	9403

**Table 3:**

Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)

	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Paid work/related activity (away from home)	2hr 50m	2hr 19m	3hr 10m	1hr 13m	2hr 29m	3hr 18m
Paid work at home	0hr 7m	0hr 5m	0hr 8m	not available	0hr 10m	0hr 13m
Study & job or skill training	0hr 14m	0hr 18m	0hr 14m	0hr 22m	0hr 8m	0hr 9m
Homework	0hr 15m	0hr 11m	0hr 7m	not available	0hr 4m	0hr 8m
Commuting, job & study-related travel	0hr 22m	0hr 25m	0hr 23m	not available	0hr 20m	0hr 16m
PAID WORK & STUDY - Weekdays	4hr 47m	4hr 6m	5hr 8m	1hr 12m	4hr 0m	5hr 9m
PAID WORK & STUDY - Weekend days	1hr 20m	1hr 21m	1hr 11m	1hr 9m	1hr 2m	1hr 21m
Cooking & food related housework	1hr 43m	1hr 40m	1hr 6m	2hr 26m	1hr 11m	0hr 45m
All other housework and repairs, gardening	1hr 51m	1hr 25m	1hr 2m	1hr 52m	1hr 13m	1hr 17m
Shopping, services, other domestic work	0hr 24m	0hr 51m	0hr 41m	0hr 14m	0hr 50m	0hr 39m
Housework & personal care travel	0hr 17m	0hr 13m	0hr 20m	not available	0hr 22m	0hr 38m
UNPAID WORK - Weekdays	4hr 6m	4hr 17m	2hr 59m	4hr 28m	3hr 29m	3hr 1m
UNPAID WORK - Weekend days	4hr 33m	3hr 53m	3hr 38m	4hr 37m	3hr 56m	4hr 5m
Physical/medical child care	0hr 20m	0hr 28m	0hr 23m	0hr 47m	0hr 30m	0hr 26m
Interactive & other child care	0hr 12m	0hr 6m	0hr 10m	not available	0hr 15m	0hr 21m
Child care-related travel	0hr 3m	0hr 7m	0hr 5m	not available	0hr 11m	0hr 7m
Pet care (excluding walking dogs)	0hr 2m	0hr 1m	0hr 3m	not available	0hr 4m	0hr 4m
CARE - Weekdays	0hr 38m	0hr 46m	0hr 43m	0hr 48m	1hr 5m	1hr 3m
CARE - Weekend days	0hr 30m	0hr 30m	0hr 35m	0hr 44m	0hr 51m	0hr 47m

**Table 3:**

Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)

	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Sleep & naps	8hr 20m	8hr 25m	8hr 10m	8hr 32m	8hr 30m	8hr 30m
Wash, dress, & other personal care	0hr 42m	0hr 50m	0hr 51m	2hr 39m	0hr 51m	0hr 55m
Meals (at home & packed lunches)	1hr 20m	1hr 36m	1hr 31m	not available	1hr 16m	0hr 48m
Walking (including walking dogs)	0hr 22m	0hr 32m	0hr 19m	not available	0hr 16m	0hr 4m
Sport & other exercise	0hr 9m	0hr 7m	0hr 12m	0hr 4m	0hr 7m	0hr 10m
PERSONAL CARE - Weekdays	10hr 30m	11hr 4m	10hr 35m	10hr 58m	10hr 43m	10hr 8m
PERSONAL CARE - Weekend days	11hr 49m	12hr 32m	12hr 12m	11hr 37m	11hr 47m	11hr 11m
ORGANISATIONAL & VOLUNTARY - Weekdays	0hr 8m	0hr 14m	0hr 12m	0hr 47m	0hr 13m	0hr 29m
ORGANISATIONAL & VOLUNTARY - Weekend days	0hr 16m	0hr 17m	0hr 16m	0hr 43m	0hr 17m	0hr 52m
ORGANISATIONAL & VOLUNTARY – Average days	0hr 10m	0hr 15m	0hr 13m	0hr 45m	0hr 14m	0hr 36m
Restaurant, bar, pub, café	0hr 4m	0hr 7m	0hr 3m	not available	0hr 8m	0hr 15m
Party, visits & socialise away from home	0hr 33m	0hr 39m	0hr 34m	0hr 2m	0hr 48m	0hr 6m
Party, visits & socialise at home	0hr 27m	0hr 14m	0hr 32m	1hr 17m	0hr 18m	0hr 57m
Leisure away from home	0hr 4m	0hr 6m	0hr 6m	not available	0hr 8m	0hr 9m
Other travel	0hr 26m	0hr 26m	0hr 39m	0hr 57m	0hr 30m	0hr 19m
SOCIAL & EVENTS - Weekdays	1hr 14m	1hr 7m	1hr 36m	2hr 16m	1hr 33m	1hr 28m
SOCIAL & EVENTS - Weekend days	2hr 26m	2hr 33m	2hr 3m	2hr 16m	2hr 37m	2hr 33m

**Table 3:**

Total hours and minutes per day - all women aged 18 to 64 (15-64 in Japan and Turkey)

	Slovenia 2000-01	Spain 2002-03	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Relax, do nothing	0hr 25m	0hr 24m	0hr 24m	0hr 32m	0hr 21m	0hr 16m
Computing & internet (including games)	0hr 2m	0hr 5m	0hr 7m	not available	0hr 6m	0hr 8m
Television	1hr 40m	1hr 36m	1hr 32m	1hr 53m	2hr 2m	2hr 2m
Radio, Ipod, other audio	0hr 5m	0hr 2m	0hr 3m	0hr 4m	0hr 5m	0hr 2m
Read	0hr 22m	0hr 12m	0hr 31m	0hr 9m	0hr 21m	0hr 18m
Other leisure and hobbies	0hr 10m	0hr 12m	0hr 15m	0hr 6m	0hr 7m	0hr 3m
OTHER LEISURE - Weekdays	2hr 36m	2hr 24m	2hr 41m	2hr 43m	2hr 52m	2hr 41m
OTHER LEISURE - Weekend days	3hr 4m	2hr 50m	3hr 19m	2hr 46m	3hr 25m	3hr 10m
Unrecorded time (average day)	0hr 2m	0hr 3m	0hr 6m	not available	0hr 6m	0hr 1m
Total diaries	2552	17308	2019	9812	7342	8449



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Paid work/related activity (away from home)	7hr 49m (47%)	7hr 14m (37%)	7hr 41m (47%)	8hr 11m (41%)	8hr 7m (48%)	7hr 31m (42%)	7hr 14m (44%)	7hr 17m (40%)
Paid work at home	1hr 49m (16%)	2hr 45m (6%)	4hr 23m (8%)	1hr 53m (2%)	2hr 59m (8%)	2hr 54m (10%)	2hr 29m (7%)	2hr 23m (7%)
Study & job or skill training	3hr 37m (3%)	3hr 33m (8%)	3hr 26m (9%)	5hr 4m (2%)	3hr 55m (4%)	4hr 8m (6%)	4hr 47m (6%)	3hr 40m (6%)
Homework	3hr 18m (4%)	3hr 14m (5%)	2hr 37m (6%)	3hr 12m (2%)	2hr 51m (2%)	2hr 24m (4%)	3hr 8m (5%)	2hr 36m (4%)
Commuting, job & study-related travel	0hr 57m (48%)	1hr 7m (40%)	1hr 48m (46%)	1hr 1m (39%)	0hr 57m (49%)	0hr 48m (43%)	1hr 0m (40%)	1hr 2m (42%)
PAID WORK & STUDY - Weekdays	8hr 43m (68%)	8hr 1m (59%)	9hr 20m (70%)	9hr 2m (55%)	8hr 56m (66%)	8hr 19m (64%)	8hr 15m (64%)	8hr 6m (62%)
PAID WORK & STUDY - Weekend days	5hr 55m (30%)	5hr 16m (21%)	6hr 59m (33%)	8hr 5m (19%)	7hr 11m (28%)	5hr 19m (24%)	5hr 14m (25%)	4hr 51m (21%)
Cooking & food related housework	1hr 9m (75%)	1hr 9m (72%)	1hr 42m (43%)	1hr 58m (63%)	1hr 27m (72%)	1hr 0m (74%)	1hr 18m (66%)	1hr 3m (67%)
All other housework and repairs, gardening	1hr 41m (61%)	1hr 48m (69%)	2hr 5m (43%)	2hr 22m (70%)	1hr 57m (69%)	1hr 30m (74%)	1hr 48m (63%)	1hr 43m (70%)
Shopping, services, other domestic work	1hr 2m (62%)	1hr 4m (56%)	1hr 28m (30%)	0hr 38m (40%)	0hr 54m (56%)	0hr 56m (59%)	1hr 25m (47%)	1hr 15m (55%)
Housework & personal care travel	0hr 45m (52%)	0hr 41m (40%)	1hr 02m (19%)	0hr 40m (41%)	0hr 43m (41%)	0hr 38m (41%)	0hr 48m (2%)	0hr 45m (46%)
UNPAID WORK - Weekdays	2hr 59m (90%)	3hr 13m (91%)	3hr 22m (66%)	3hr 44m (85%)	3hr 19m (89%)	2hr 50m (93%)	3hr 4m (83%)	3hr 17m (90%)
UNPAID WORK - Weekend days	3hr 48m (93%)	3hr 17m (90%)	3hr 23m (70%)	4hr 31m (89%)	4hr 8m (92%)	3hr 5m (94%)	3hr 23m (88%)	3hr 12m (91%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Physical/medical child care	1hr 22m (24%)	1hr 9m (16%)	1hr 17m (15%)	1hr 19m (11%)	1hr 26m (22%)	1hr 26m (18%)	1hr 18m (20%)	1hr 11m (16%)
Interactive & other child care	1hr 32m (29%)	0hr 51m (11%)	1hr 12m (9%)	1hr 9m (12%)	0hr 49m (16%)	0hr 50m (14%)	1hr 2m (13%)	0hr 58m (14%)
Child care-related travel	0hr 49m (15%)	0hr 41m (9%)	0hr 46m (8%)	0hr 38m (3%)	0hr 38m (6%)	0hr 30m (8%)	0hr 41m (11%)	0hr 43m (8%)
Pet care (excluding walking dogs)	0hr 26m (19%)	0hr 28m (10%)	0hr 40m (3%)	0hr 23m (3%)	0hr 24m (7%)	0hr 27m (10%)	0hr 45m (10%)	0hr 32m (10%)
CARE - Weekdays	2hr 1m (48%)	1hr 15m (31%)	1hr 36m (24%)	1hr 38m (20%)	1hr 36m (33%)	1hr 27m (32%)	1hr 34m (37%)	1hr 31m (30%)
CARE - Weekend days	2hr 9m (45%)	1hr 17m (28%)	1hr 36m (21%)	1hr 36m (18%)	1hr 33m (30%)	1hr 33m (29%)	1hr 27m (35%)	1hr 23m (29%)
Sleep & naps	8hr 28m (100%)	8hr 21m (100%)	8hr 25m (96%)	8hr 55m (100%)	8hr 22m (100%)	8hr 26m (100%)	8hr 45m (100%)	8hr 11m (100%)
Wash, dress, & other personal care	0hr 55m (95%)	0hr 45m (98%)	1hr 06m (93%)	0hr 39m (97%)	0hr 54m (99%)	0hr 45m (93%)	0hr 45m (96%)	0hr 53m (98%)
Meals (at home & packed lunches)	1hr 1m (92%)	1hr 35m (99%)	1hr 07m (91%)	1hr 48m (100%)	1hr 12m (99%)	1hr 13m (98%)	1hr 48m (98%)	1hr 35m (98%)
Walking (including walking dogs)	0hr 51m (12%)	1hr 19m (19%)	1hr 30m (7%)	1hr 35m (18%)	1hr 7m (21%)	1hr 7m (26%)	1hr 45m (15%)	1hr 21m (20%)
Sport & other exercise	1hr 36m (16%)	1hr 46m (10%)	1hr 28m (8%)	2hr 31m (5%)	1hr 22m (11%)	1hr 28m (23%)	1hr 45m (9%)	1hr 29m (16%)
PERSONAL CARE - Weekdays	10hr 14m (100%)	10hr 39m (100%)	10hr 20m (96%)	11hr 32m (100%)	10hr 23m (100%)	10hr 28m (100%)	11hr 14m (100%)	10hr 37m (100%)
PERSONAL CARE - Weekend days	11hr 32m (100%)	12hr 10m (100%)	11hr 54m (97%)	13hr 09m (100%)	11hr 43m (100%)	12hr 10m (100%)	12hr 45m (100%)	12hr 28m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 42m (10%)	1hr 56m (4%)	1hr 40m (20%)	2hr 14m (6%)	2hr 5m (10%)	1hr 56m (14%)	1hr 21m (12%)	1hr 59m (15%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 43m (12%)	2hr 41m (7%)	2hr 26m (25%)	2hr 26m (9%)	2hr 5m (16%)	1hr 52m (18%)	1hr 40m (14%)	1hr 58m (19%)
ORGANISATIONAL & VOLUNTARY – Average days	1hr 40m (11%)	2hr 14m (5%)	2hr 01m (22%)	2hr 19m (7%)	2hr 5m (12%)	1hr 55m (15%)	1hr 27m (13%)	1hr 59m (16%)
Restaurant, bar, pub, café	1hr 17m (14%)	1hr 29m (15%)	1hr 48m (16%)	1hr 18m (19%)	0hr 42m (5%)	0hr 44m (14%)	1hr 45m (26%)	1hr 17m (9%)
Party, visits & socialise away from home	1hr 28m (22%)	1hr 42m (38%)	1hr 58m (19%)	1hr 19m (28%)	1hr 21m (25%)	1hr 40m (32%)	1hr 49m (24%)	1hr 38m (40%)
Party, visits & socialise at home	1hr 5m (4%)	0hr 52m (40%)	1hr 06m (32%)	0hr 46m (34%)	0hr 45m (27%)	0hr 51m (43%)	0hr 58m (26%)	0hr 58m (49%)
Leisure away from home	1hr 6m (32%)	2hr 30m (7%)	2hr 17m (1%)	1hr 27m (1%)	2hr 0m (4%)	1hr 35m (6%)	2hr 29m (8%)	2hr 38m (9%)
Other travel	0hr 51m (34%)	1hr 19m (38%)	1hr 06m (34%)	0hr 57m (28%)	1hr 8m (25%)	1hr 16m (32%)	1hr 4m (50%)	1hr 16m (40%)
SOCIAL & EVENTS - Weekdays	1hr 32m (57%)	2hr 13m (76%)	1hr 51m (55%)	1hr 42m (64%)	1hr 34m (51%)	1hr 56m (72%)	2hr 4m (69%)	2hr 6m (81%)
SOCIAL & EVENTS - Weekend days	2hr 44m (71%)	3hr 48m (86%)	3hr 36m (77%)	2hr 14m (73%)	2hr 27m (66%)	3hr 2m (81%)	3hr 45m (81%)	3hr 32m (86%)



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Relax, do nothing	0hr 52m (25%)	0hr 34m (76%)	1hr 10m (19%)	0hr 50m (16%)	0hr 57m (26%)	0hr 50m (37%)	0hr 39m (16%)	0hr 58m (26%)
Computing & internet (including games)	1hr 43m (3%)	1hr 32m (24%)	1hr 36m (4%)	1hr 38m (1%)	1hr 44m (3%)	1hr 16m (10%)	1hr 48m (5%)	1hr 34m (18%)
Television	2hr 16m (77%)	2hr 37m (84%)	2hr 38m (72%)	2hr 40m (89%)	2hr 34m (86%)	2hr 29m (84%)	2hr 30m (75%)	2hr 16m (77%)
Radio, Ipod, other audio	1hr 14m (27%)	0hr 42m (9%)	1hr 07m (10%)	1hr 0m (6%)	0hr 51m (13%)	0hr 51m (17%)	0hr 58m (5%)	0hr 47m (10%)
Read	1hr 2m (30%)	0hr 56m (38%)	1hr 10m (8%)	1hr 8m (25%)	1hr 10m (50%)	1hr 4m (66%)	1hr 3m (31%)	1hr 0m (55%)
Other leisure and hobbies	1hr 11m (55%)	1hr 19m (15%)	1hr 35m (11%)	1hr 46m (13%)	1hr 14m (15%)	1hr 10m (21%)	1hr 50m (25%)	1hr 15m (25%)
OTHER LEISURE - Weekdays	3hr 12m (95%)	3hr 32m (99%)	2hr 49m (80%)	3hr 6m (93%)	3hr 15m (94%)	3hr 24m (96%)	3hr 3m (91%)	3hr 4m (95%)
OTHER LEISURE - Weekend days	4hr 9m (95%)	3hr 58m (98%)	4hr 12m (83%)	3hr 27m (93%)	3hr 59m (95%)	4hr 23m (97%)	3hr 35m (89%)	3hr 59m (95%)



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Paid work/related activity (away from home)	7hr 35m (44%)	8hr 21m (50%)	8hr 10m (43%)	7hr 2m (38%)	7hr 8m (49%)	7hr 28m (38%)	7hr 32m (45%)	7hr 50m (45%)
Paid work at home	2hr 3m (3%)	3hr 38m (10%)	4hr 33m (18%)	2hr 59m (5%)	1hr 59m (8%)	2hr 52m (14%)	2hr 41m (5%)	2hr 45m (3%)
Study & job or skill training	4hr 18m (4%)	4hr 27m (6%)	4hr 43m (6%)	3hr 29m (7%)	4hr 2m (5%)	4hr 23m (6%)	4hr 1 m (5%)	3hr 46m (7%)
Homework	3hr 53m (5%)	2hr 9m (4%)	2hr 0m (5%)	1hr 54m (7%)	2hr 50m (4%)	2hr 32m (7%)	3hr 3m (7%)	3hr 19m (5%)
Commuting, job & study-related travel	1hr 4m (47%)	1hr 9m (53%)	1hr 1m (48%)	1hr 2m (38%)	0hr 55m (49%)	1hr 5m (38%)	0hr 54m (45%)	1hr 7m (47%)
PAID WORK & STUDY - Weekdays	8hr 38m (61%)	9hr 28m (73%)	8hr 55m (72%)	7hr 37m (61%)	8hr 12m (69%)	8hr 17m (61%)	8hr 19m (66%)	8hr 54m (65%)
PAID WORK & STUDY - Weekend days	6hr 53m (27%)	7hr 2m (28%)	6hr 29m (33%)	4hr 33m (20%)	5hr 15m (25%)	5hr 44m (33%)	5hr 58m (28%)	6hr 36m (26%)
Cooking & food related housework	1hr 40m (61%)	1hr 19m (62%)	1hr 31m (66%)	1hr 13m (75%)	1hr 0m (80%)	1hr 33m (76%)	1hr 38m (63%)	1hr 32m (66%)
All other housework and repairs, gardening	2hr 9m (59%)	1hr 51m (59%)	1hr 50m (74%)	1hr 44m (59%)	1hr 25m (64%)	1hr 41m (68%)	2hr 20m (73%)	1hr 40m (57%)
Shopping, services, other domestic work	1hr 9m (46%)	0hr 50m (44%)	0hr 41m (42%)	1hr 9m (54%)	0hr 54m (66%)	0hr 51m (49%)	0hr 53m (39%)	1hr 22m (45%)
Housework & personal care travel	0hr 37m (41%)	0hr 50m (43%)	0hr 42m (44%)	0hr 48m (37%)	0hr 39m (36%)	0hr 41m (44%)	0hr 39m (40%)	0hr 37m (29%)
UNPAID WORK - Weekdays	3hr 56m (77%)	2hr 58m (81%)	3hr 13m (86%)	3hr 13m (89%)	2hr 36m (94%)	3hr 28m (90%)	3hr 44m (87%)	3hr 29m (79%)
UNPAID WORK - Weekend days	3hr 53m (81%)	3hr 41m (87%)	3hr 47m (91%)	3hr 10m (90%)	3hr 4m (94%)	3hr 9m (90%)	4hr 0m (89%)	3hr 20m (83%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 4: Total hours and minutes per day - participating population aged 18 to 64 (15- 64 in Japan and Turkey)	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Physical/medical child care	1hr 12m (17%)	1hr 4m (15%)	1hr 20m (14%)	1hr 13m (25%)	1hr 17m (26%)	1hr 28m (17%)	1hr 15m (16%)	1hr 39m (18%)
Interactive & other child care	1hr 4m (15%)	0hr 52m (10%)	0hr 55m (13%)	1hr 19m (20%)	0hr 47m (16%)	1hr 12m (20%)	1hr 3m (15%)	1hr 0m (9%)
Child care-related travel	0hr 40m (11%)	0hr 44m (5%)	0hr 33m (4%)	0hr 53m (11%)	0hr 36m (9%)	0hr 40m (6%)	0hr 36m (6%)	0hr 49m (9%)
Pet care (excluding walking dogs)	0hr 27m (4%)	0hr 23m (6%)	0hr 23m (5%)	0hr 47m (22%)	0hr 24m (4%)	0hr 25m (7%)	0hr 31m (6%)	0hr 29m (3%)
CARE - Weekdays	1hr 42m (28%)	1hr 18m (24%)	1hr 29m (25%)	1hr 55m (46%)	1hr 35m (33%)	1hr 52m (30%)	1hr 34m (29%)	2hr 6m (24%)
CARE - Weekend days	1hr 38m (25%)	1hr 14m (21%)	1hr 29m (22%)	1hr 41m (44%)	1hr 39m (33%)	1hr 46m (29%)	1hr 29m (25%)	1hr 55m (21%)
Sleep & naps	8hr 11m (100%)	8hr 33m (100%)	8hr 25m (100%)	8hr 31m (100%)	8hr 2m (100%)	8hr 23m (100%)	8hr 18m (100%)	8hr 27m (100%)
Wash, dress, & other personal care	1hr 2m (99%)	0hr 45m (90%)	0hr 55m (99%)	0hr 53m (97%)	0hr 48m (98%)	0hr 52m (99%)	0hr 42m (96%)	0hr 50m (98%)
Meals (at home & packed lunches)	1hr 40m (100%)	1hr 25m (99%)	1hr 27m (100%)	1hr 23m (93%)	1hr 14m (99%)	1hr 30m (100%)	1hr 23m (99%)	1hr 37m (100%)
Walking (including walking dogs)	1hr 32m (22%)	1hr 33m (18%)	1hr 9m (14%)	not available	1hr 12m (21%)	1hr 11m (26%)	1hr 27m (24%)	1hr 42m (32%)
Sport & other exercise	1hr 43m (11%)	1hr 35m (13%)	1hr 35m (10%)	1hr 38m (15%)	1hr 48m (17%)	1hr 37m (9%)	1hr 38m (14%)	1hr 40m (11%)
PERSONAL CARE - Weekdays	11hr 3m (100%)	10hr 34m (100%)	10hr 40m (100%)	10hr 36m (100%)	10hr 8m (100%)	10hr 50m (100%)	10hr 31m (100%)	11hr 10m (100%)
PERSONAL CARE - Weekend days	12hr 17m (100%)	12hr 27m (100%)	12hr 10m (100%)	11hr 40m (100%)	11hr 43m (100%)	12hr 16m (100%)	11hr 56m (100%)	13hr 5m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 4: Total hours and minutes per day - participating population aged 18 to 64 (15- 64 in Japan and Turkey)	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 44m (12%)	2hr 24m (7%)	2hr 29m (8%)	0hr 57m (47%)	1hr 42m (12%)	1hr 45m (19%)	1hr 41m (9%)	1hr 58m (9%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 29m (23%)	2hr 29m (13%)	2hr 18m (18%)	0hr 58m (45%)	1hr 48m (13%)	1hr 29m (43%)	1hr 44m (18%)	1hr 54m (14%)
ORGANISATIONAL & VOLUNTARY - Average days	1hr 37m (15%)	2hr 26m (9%)	2hr 24m (11%)	0hr 58m (46%)	1hr 43m (12%)	1hr 37m (26%)	1hr 43m (11%)	1hr 57m (11%)
Restaurant, bar, pub, café	1hr 4m (21%)	0hr 45m (9%)	0hr 50m (2%)	1hr 55m (14%)	1hr 20m (11%)	0hr 56m (4%)	1hr 0m (8%)	1hr 9m (11%)
Party, visits & socialise away from home	1hr 39m (40%)	1hr 32m (25%)	1hr 29m (24%)	2hr 45m (43%)	2hr 1m (40%)	1hr 28m (32%)	1hr 41m (37%)	2hr 0m (36%)
Party, visits & socialise at home	0hr 49m (33%)	0hr 45m (27%)	0hr 44m (29%)	0hr 57m (44%)	1hr 23m (67%)	0hr 51m (46%)	1hr 1m (40%)	0hr 51m (24%)
Leisure away from home	2hr 7m (4%)	2hr 55m (3%)	1hr 29m (2%)	1hr 58m (8%)	2hr 5m (6%)	1hr 58m (2%)	1hr 55m (4%)	2hr 10m (5%)
Other travel	1hr 11m (40%)	1hr 15m (25%)	1hr 3m (24%)	1hr 4m (41%)	1hr 13m (49%)	1hr 1m (32%)	1hr 5m (37%)	1hr 1m (36%)
SOCIAL & EVENTS - Weekdays	2hr 5m (71%)	1hr 35m (52%)	1hr 23m (53%)	2hr 29m (75%)	2hr 29m (86%)	1hr 37m (68%)	1hr 54m (67%)	2hr 0m (60%)
SOCIAL & EVENTS - Weekend days	3hr 34m (84%)	3hr 6m (70%)	2hr 28m (70%)	4hr 32m (88%)	4hr 3m (92%)	2hr 34m (85%)	3hr 14m (82%)	3hr 35m (77%)



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Relax, do nothing	1hr 17m (37%)	1hr 0m (31%)	0hr 52m (20%)	0hr 50m (24%)	0hr 46m (24%)	0hr 47m (24%)	1hr 7m (43%)	1hr 17m (30%)
Computing & internet (including games)	1hr 31m (7%)	1hr 44m (4%)	1hr 46m (7%)	1hr 23m (19%)	1 hr 14m (15%)	1hr 37m (10%)	1hr 42m (6%)	1hr 34m (9%)
Television	1hr 58m (77%)	2hr 24m (82%)	2hr 28m (88%)	1hr 52m (61%)	2hr 12m (82%)	2hr 26m (90%)	2hr 14m (84%)	2hr 8m (81%)
Radio, Ipod, other audio	0hr 39m (9%)	0hr 43m (10%)	0hr 52m (9%)	1hr 21m (43%)	0hr 44m (14%)	0hr 51m (16%)	0hr 51m (10%)	0hr 58m (5%)
Read	0hr 59m (29%)	1hr 2m (39%)	0hr 58m (37%)	1hr 6m (48%)	0hr 55m (58%)	0hr 58m (37%)	0hr 57m (36%)	1hr 2m (22%)
Other leisure and hobbies	1hr 26m (12%)	1hr 26m (10%)	1hr 23m (9%)	1hr 31m (14%)	1hr 17m (21%)	1hr 7m (12%)	1hr 27m (11%)	1hr 36m (11%)
OTHER LEISURE - Weekdays	2hr 40m (93%)	2hr 59m (92%)	2hr 58m (94%)	3hr 0m (90%)	3hr 1m (95%)	3hr 5m (95%)	3hr 3m (94%)	2hr 43m (92%)
OTHER LEISURE - Weekend days	3hr 10m (93%)	3hr 53m (92%)	3hr 55m (95%)	3hr 49m (90%)	3hr 49m (95%)	3hr 48m (96%)	3hr 43m (94%)	3hr 28m (92%)



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Paid work/related activity (away from home)	7hr 56m (48%)	7hr 18m (41%)	7hr 16m (45%)	7hr 43m (53%)
Paid work at home	1hr 40m (9%)	not available	4hr 3m (8%)	2hr 23m (10%)
Study & job or skill training	3hr 50m (5%)	4hr 43m (8%)	3hr 46m (4%)	3hr 44m (4%)
Homework	2hr 39m (4%)	not available	2hr 27m (2%)	3hr 1m (4%)
Commuting, job & study-related travel	0hr 50m (50%)	not available	0hr 58m (46%)	0hr 42m (50%)
PAID WORK & STUDY - Weekdays	8hr 31m (71%)	7hr 20m (54%)	8hr 20m (64%)	8hr 35m (73%)
PAID WORK & STUDY - Weekend days	5hr 32m (23%)	6hr 18m (39%)	6hr 7m (24%)	5hr 41m (30%)
Cooking & food related housework	1hr 2m (81%)	2hr 23m (53%)	1hr 6m (78%)	0hr 58m (52%)
All other housework and repairs, gardening	1hr 26m (67%)	2hr 4m (51%)	1hr 41m (59%)	1hr 58m (57%)
Shopping, services, other domestic work	0hr 56m (65%)	1hr 2m (23%)	1hr 13m (56%)	1hr 7m (48%)
Housework & personal care travel	0hr 37m (51%)	not available	0hr 43m (44%)	0hr 54m (68%)
UNPAID WORK - Weekdays	2hr 39m (94%)	3hr 41m (67%)	2hr 57m (89%)	2hr 46m (89%)
UNPAID WORK - Weekend days	3hr 28m (95%)	3hr 42m (72%)	3hr 37m (93%)	3hr 52m (92%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Physical/medical child care	1hr 8m (26%)	1hr 34m (31%)	1hr 14m (27%)	1hr 19m (22%)
Interactive & other child care	0hr 45m (18%)	not available	1hr 0m (20%)	1hr 13m (23%)
Child care-related travel	0hr 33m (14%)	not available	0hr 53m (16%)	0hr 35m (15%)
Pet care (excluding walking dogs)	0hr 25m (8%)	not available	0hr 27m (13%)	0hr 29m (12%)
CARE - Weekdays	1hr 29m (37%)	1hr 34m (31%)	1hr 38m (46%)	1hr 50m (40%)
CARE - Weekend days	1hr 25m (34%)	1hr 33m (31%)	1hr 33m (44%)	1hr 51m (34%)
Sleep & naps	8hr 4m (100%)	8hr 28m (100%)	8hr 24m (100%)	8hr 22m (100%)
Wash, dress, & other personal care	0hr 47m (95%)	2hr 41m (100%)	0hr 48m (96%)	0hr 55m (86%)
Meals (at home & packed lunches)	1hr 29m (98%)	not available	1hr 17m (97%)	0hr 58m (87%)
Walking (including walking dogs)	1hr 4m (26%)	not available	0hr 55m (30%)	0hr 50m (8%)
Sport & other exercise	1hr 42m (17%)	1hr 30m (7%)	1hr 36m (11%)	1hr 47m (13%)
PERSONAL CARE - Weekdays	10hr 21m (100%)	10hr 57m (100%)	10hr 31m (100%)	9hr 58m (100%)
PERSONAL CARE - Weekend days	12hr 15m (100%)	11hr 46m (100%)	11hr 45m (100%)	11hr 7m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 4: Total hours and minutes per day - participating population aged 18 to 64 (15- 64 in Japan and Turkey)	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 33m (14%)	2hr 2m (32%)	1hr 11m (16%)	1hr 28m (28%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 38m (17%)	2hr 2m (31%)	1hr 26m (19%)	2hr 14m (37%)
ORGANISATIONAL & VOLUNTARY – Average days	1hr 35m (14%)	2hr 2m (31%)	1hr 16m (17%)	1hr 44m (30%)
Restaurant, bar, pub, café	0hr 41m (8%)	not available	1hr 12m (12%)	1hr 12m (21%)
Party, visits & socialise away from home	1hr 58m (30%)	1hr 26m (3%)	1hr 47m (43%)	2hr 54m (40%)
Party, visits & socialise at home	0hr 50m (53%)	1hr 51m (64%)	0hr 44m (36%)	1hr 51m (48%)
Leisure away from home	1hr 54m (5%)	not available	1hr 44m (7%)	2hr 8m (7%)
Other travel	1hr 13m (30%)	1hr 35m (85%)	1hr 9m (44%)	0hr 47m (41%)
SOCIAL & EVENTS - Weekdays	1hr 53m (80%)	2hr 39m (95%)	2hr 5m (70%)	2hr 7m (66%)
SOCIAL & EVENTS - Weekend days	3hr 8m (87%)	2hr 53m (93%)	3hr 16m (82%)	3hr 24m (75%)



Table 4:
Total hours and minutes per day -
participating population aged 18 to 64 (15-
64 in Japan and Turkey)

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Relax, do nothing	1hr 0m (37%)	1hr 14m (46%)	1hr 1m (31%)	1hr 6m (25%)
Computing & internet (including games)	1hr 13m (17%)	not available	1hr 29m (11%)	1hr 17m (13%)
Television	2hr 6m (81%)	2hr 20m (84%)	2hr 37m (86%)	2hr 54m (77%)
Radio, Ipod, other audio	0hr 44m (9%)	0hr 52m (8%)	0hr 48m (12%)	1hr 24m (3%)
Read	0hr 54m (52%)	0hr 59m (18%)	0hr 56m (37%)	1hr 9m (23%)
Other leisure and hobbies	1hr 15m (19%)	1hr 51m (14%)	1hr 23m (7%)	0hr 38m (9%)
OTHER LEISURE - Weekdays	2hr 56m (95%)	3hr 5m (94%)	3hr 14m (95%)	3hr 9m (90%)
OTHER LEISURE - Weekend days	3hr 51m (96%)	3hr 30m (93%)	3hr 57m (96%)	3hr 59m (89%)



Table 5: Total hours and minutes per day - participating men aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Paid work/related activity (away from home)	7hr 51m (59%)	7hr 42m (44%)	7hr 49m (60%)	8hr 21m (46%)	8hr 27m (53%)	7hr 52m (48%)	7hr 39m (51%)	7hr 44m (47%)
Paid work at home	1hr 50m (18%)	2hr 56m (7%)	3hr 44m (7%)	1hr 46m (2%)	3hr 15m (7%)	3hr 0m (12%)	2hr 34m (9%)	2hr 34m (8%)
Study & job or skill training	3hr 26m (2%)	3hr 32m (7%)	3hr 12m (8%)	5hr 8m (2%)	4hr 5m (4%)	4hr 4m (6%)	5hr 12m (5%)	3hr 51m (6%)
Homework	3hr 17m (3%)	3hr 0m (4%)	2hr 40m (5%)	2hr 33m (1%)	2hr 38m (2%)	2hr 32m (3%)	3hr 17m (5%)	2hr 39m (4%)
Commuting, job & study-related travel	0hr 57m (58%)	1hr 10m (44%)	2hr 8m (55%)	1hr 4m (42%)	0hr 59m (54%)	0hr 48m (46%)	1hr 3m (47%)	1hr 8m (48%)
PAID WORK & STUDY - Weekdays	8hr 43m (79%)	8hr 35m (66%)	10hr 3m (79%)	9hr 15m (59%)	9hr 20m (72%)	8hr 47m (70%)	8hr 52m (73%)	8hr 46m (70%)
PAID WORK & STUDY - Weekend days	5hr 55m (37%)	5hr 32m (24%)	7hr 28m (37%)	8hr 25m (37%)	7hr 45m (31%)	5hr 32m (27%)	5hr 23m (29%)	5hr 5m (24%)
Cooking & food related housework	1hr 10m (62%)	0hr 49m (59%)	0hr 51m (20%)	0hr 56m (32%)	0hr 49m (50%)	0hr 39m (60%)	0hr 48m (44%)	0hr 41m (53%)
All other housework and repairs, gardening	1hr 42m (45%)	1hr 41m (58%)	1hr 30m (22%)	2hr 47m (59%)	2hr 5m (58%)	1hr 31m (62%)	1hr 36m (43%)	1hr 37m (59%)
Shopping, services, other domestic work	1hr 3m (55%)	0hr 59m (50%)	1hr 18m (25%)	0hr 39m (34%)	0hr 58m (43%)	0hr 54m (53%)	1hr 25m (40%)	1hr 12m (48%)
Housework & personal care travel	0hr 45m (45%)	0hr 41m (36%)	0hr 59m (15%)	0hr 44m (37%)	0hr 51m (36%)	0hr 40m (37%)	0hr 53m (3%)	0hr 46m (42%)
UNPAID WORK - Weekdays	2hr 59m (84%)	2hr 27m (86%)	1hr 59m (44%)	3hr 1m (74%)	2hr 33m (81%)	2hr 17m (87%)	2hr 3m (71%)	2hr 32m (84%)
UNPAID WORK - Weekend days	3hr 48m (89%)	2hr 45m (86%)	2hr 15m (54%)	3hr 36m (82%)	3hr 28m (86%)	2hr 37m (89%)	2hr 36m (79%)	2hr 48m (87%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 5: Total hours and minutes per day - participating men aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Physical/medical child care	1hr 22m (16%)	0hr 50m (11%)	0hr 32m (6%)	0hr 48m (4%)	0hr 55m (11%)	0hr 59m (12%)	0hr 54m (11%)	0hr 45m (11%)
Interactive & other child care	1hr 32m (22%)	0hr 50m (8%)	0hr 57m (8%)	1hr 2m (9%)	0hr 46m (9%)	0hr 51m (10%)	0hr 58m (9%)	0hr 56m (10%)
Child care-related travel	0hr 49m (9%)	0hr 39m (6%)	0h 38m (5%)	0hr 38m (3%)	0hr 32m (5%)	0hr 29m (6%)	0hr 36m (7%)	0hr 36m (5%)
Pet care (excluding walking dogs)	0hr 26m (14%)	0hr 28m (9%)	0h 56m (4%)	0hr 25m (2%)	0hr 28m (4%)	0hr 30m (6%)	0hr 49m (9%)	0hr 35m (8%)
CARE - Weekdays	2hr 1m (38%)	0hr 56m (25%)	0h 56m (15%)	1hr 7m (13%)	0hr 58m (21%)	1hr 2m (24%)	1hr 34m (27%)	1hr 1m (23%)
CARE - Weekend days	2hr 9m (37%)	1hr 5m (23%)	1hr 10m (15%)	1hr 17m (13%)	1hr 16m (20%)	1hr 27m (22%)	1hr 27m (28%)	1hr 15m (24%)
Sleep & naps	8hr 25m (100%)	8hr 12m (100%)	8hr 25m (94%)	8hr 58m (100%)	8hr 22m (100%)	8hr 22m (100%)	8hr 40m (100%)	8hr 08m (100%)
Wash, dress, & other personal care	0hr 55m (94%)	0hr 42m (97%)	1hr 0m (91%)	0hr 40m (97%)	0hr 53m (98%)	0hr 42m (90%)	0hr 42m (96%)	0hr 49m (97%)
Meals (at home & packed lunches)	1hr 2m (91%)	1hr 33m (99%)	1hr 4m (90%)	1hr 48m (100%)	1hr 15m (99%)	1hr 14m (98%)	1hr 48m (98%)	1hr 33m (98%)
Walking (including walking dogs)	0hr 52m (10%)	1hr 22m (19%)	1hr 46m (5%)	1hr 42m (17%)	1hr 11m (20%)	1hr 10m (22%)	1hr 47m (16%)	1hr 20m (18%)
Sport & other exercise	1hr 36m (17%)	2hr 7m (12%)	1hr 53m (10%)	2hr 43m (7%)	1hr 48m (12%)	1hr 43m (25%)	1hr 58m (11%)	1hr 41m (15%)
PERSONAL CARE - Weekdays	10hr 14m (100%)	10hr 27m (100%)	10hr 9m (93%)	11hr 45m (100%)	10hr 29m (100%)	10hr 20m (100%)	11hr 8m (100%)	10hr 27m (100%)
PERSONAL CARE - Weekend days	11hr 32m (100%)	12hr 8m (100%)	11hr 58m (94%)	13hr 23m (100%)	11hr 52m (100%)	12hr 20m (100%)	12hr 44m (100%)	12hr 24m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 5: Total hours and minutes per day - participating men aged 18 to 64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 42m (7%)	2hr 12m (5%)	1hr 53m (14%)	2hr 29m (5%)	2hr 27m (10%)	2hr 12m (12%)	1hr 31m (12%)	2hr 3m (15%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 43m (11%)	3hr 4m (8%)	2hr 38m (21%)	2hr 32m (9%)	2hr 18m (16%)	1hr 55m (16%)	1hr 58m (14%)	2hr 12m (18%)
ORGANISATIONAL & VOLUNTARY – Average days	1hr 42m (8%)	2hr 32m (6%)	2hr 6m (17%)	2hr 30m (6%)	2hr 24m (12%)	2hr 6m (13%)	1hr 40m (13%)	2hr 6m (16%)
Restaurant, bar, pub, café	1hr 18m (13%)	1hr 26m (15%)	1hr 54m (19%)	1hr 21m (25%)	0hr 50m (5%)	0hr 46m (15%)	1hr 43m (29%)	1hr 16m (9%)
Party, visits & socialise away from home	1hr 27m (21%)	1hr 50m (37%)	2hr 29m (20%)	1hr 20m (31%)	1hr 29m (24%)	1hr 49m (32%)	1hr 54m (24%)	1hr 38m (41%)
Party, visits & socialise at home	1hr 5m (4%)	0hr 51m (34%)	1hr 2m (40%)	0hr 48m (33%)	0hr 45m (23%)	0hr 51m (33%)	1hr 0m (22%)	0hr 55m (43%)
Leisure away from home	1hr 5m (27%)	2hr 27m (7%)	1hr 17m (7%)	1hr 33m (1%)	2hr 26m (4%)	1hr 43m (6%)	2hr 37m (9%)	2hr 39m (9%)
Other travel	0hr 51m (32%)	1hr 21m (37%)	1hr 6m (40%)	0hr 59m (31%)	1hr 11m (24%)	1hr 16m (32%)	1hr 7m (49%)	1hr 17m (41%)
SOCIAL & EVENTS - Weekdays	1hr 32m (52%)	2hr 14m (73%)	1hr 56m (50%)	1hr 55m (68%)	1hr 43m (48%)	2hr 2m (68%)	2hr 10m (67%)	2hr 3m (79%)
SOCIAL & EVENTS - Weekend days	2hr 44m (69%)	3hr 55m (85%)	3hr 51m (78%)	2hr 25m (76%)	2hr 35m (66%)	3hr 9m (79%)	3hr 54m (83%)	3hr 38m (84%)



Table 5:
Total hours and minutes per day -
participating men aged 18 to 64 (15-64 in
Japan and Turkey)

	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Relax, do nothing	0hr 52m (24%)	0hr 32m (75%)	1hr 14m (25%)	0hr 51m (16%)	1hr 1m (28%)	0hr 56m (35%)	0hr 41m (15%)	0hr 57m (24%)
Computing & internet (including games)	1hr 41m (5%)	1hr 45m (30%)	1hr 51m (11%)	1hr 44m (1%)	2hr 0m (4%)	1hr 30m (13%)	1hr 59m (7%)	1hr 46m (23%)
Television	2hr 15m (78%)	2hr 48m (86%)	2hr 47m (74%)	2hr 55m (89%)	2hr 50m (86%)	2hr 44m (84%)	2hr 37m (77%)	2hr 24m (79%)
Radio, Ipod, other audio	1hr 12m (29%)	0hr 49m (10%)	1hr 8m (20%)	1hr 1m (8%)	0hr 57m (15%)	0hr 56m (17%)	1hr 1m (6%)	0hr 50m (11%)
Read	1hr 2m (26%)	0hr 57m (37%)	1hr 21m (15%)	1hr 7m (29%)	1hr 13m (47%)	1hr 5m (63%)	1hr 4m (29%)	1hr 1m (52%)
Other leisure and hobbies	1hr 10m (47%)	1hr 28m (12%)	1hr 51m (19%)	1hr 58m (11%)	1hr 5m (9%)	1hr 10m (16%)	2hr 13m (29%)	1hr 22m (21%)
OTHER LEISURE - Weekdays	3hr 12m (93%)	3hr 49m (99%)	3hr 34m (94%)	3hr 28m (94%)	3hr 33m (94%)	3hr 41m (96%)	3hr 21m (92%)	3hr 18m (95%)
OTHER LEISURE - Weekend days	4hr 9m (95%)	4hr 28m (98%)	4hr 58m (95%)	3hr 57m (94%)	4hr 30m (95%)	4hr 49m (96%)	4hr 10m (91%)	4hr 24m (96%)



Table 5: Total hours and minutes per day - participating men aged 18 to 64 (15-64 in Japan and Turkey)	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Paid work/related activity (away from home)	8hr 5m (57%)	8hr 36m (57%)	8hr 33m (47%)	7hr 49m (50%)	7hr 33m (55%)	7hr 46m (47%)	7hr 56m (50%)	8hr 25m (56%)
Paid work at home	1hr 59m (4%)	4hr 6m (8%)	4hr 58m (17%)	3hr 32m (6%)	2hr 7m (9%)	3hr 10m (16%)	3hr 0m (6%)	2hr 33m (4%)
Study & job or skill training	4hr 24m (4%)	4hr 42m (5%)	4hr 57m (6%)	3hr 31m (7%)	4hr 2m (5%)	4hr 31m (6%)	3hr 57m (5%)	3hr 51m (7%)
Homework	3hr 49m (4%)	2hr 6m (4%)	1hr 41m (4%)	2hr 3m (7%)	3hr 14m (3%)	2hr 31m (7%)	2hr 56m (7%)	3hr 18m (5%)
Commuting, job & study-related travel	1hr 5m (59%)	1hr 12m (59%)	1hr 3m (52%)	1hr 9m (48%)	0hr 57m (53%)	1hr 5m (44%)	0hr 55m (49%)	1hr 7m (57%)
PAID WORK & STUDY – Weekdays	9hr 16m (75%)	9hr 52m (80%)	9hr 21m (77%)	8hr 44m (76%)	8hr 45m (77%)	8hr 52m (69%)	8hr 46m (70%)	9hr 33m (77%)
PAID WORK & STUDY - Weekend days	7hr 14m (34%)	7hr 40m (29%)	7hr 3m (35%)	4hr 47m (25%)	5hr 6m (27%)	6hr 16m (39%)	6hr 21m (31%)	6hr 52m (29%)
Cooking & food related housework	0hr 44m (33%)	0hr 44m (37%)	0hr 55m (39%)	0hr 56m (61%)	0hr 43m (71%)	0hr 50m (58%)	0hr 52m (37%)	0hr 48m (46%)
All other housework and repairs, gardening	1hr 33m (33%)	2hr 0m (47%)	1hr 50m (62%)	1hr 48m (40%)	1hr 36m (51%)	1hr 45m (57%)	2hr 32m (62%)	1hr 19m (36%)
Shopping, services, other domestic work	1hr 6m (34%)	0hr 51m (31%)	0hr 42m (30%)	1hr 5m (43%)	0hr 52m (60%)	0hr 53m (38%)	0hr 55m (31%)	1hr 11m (31%)
Housework & personal care travel	0hr 42m (31%)	0hr 53m (32%)	0hr 49m (34%)	0hr 52m (32%)	0hr 42m (34%)	0hr 45m (36%)	0hr 43m (34%)	0hr 40m (22%)
UNPAID WORK – Weekdays	2hr 7m (59%)	2hr 11m (69%)	2hr 25m (74%)	2hr 20m (80%)	2hr 7m (90%)	2hr 35m (83%)	3hr 2m (78%)	1hr 57m (64%)
UNPAID WORK - Weekend days	2hr 25m (67%)	3hr 6m (79%)	2hr 57m (84%)	2hr 52m (84%)	2hr 55m (91%)	2hr 20m (82%)	3hr 6m (81%)	2hr 17m (72%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 5: Total hours and minutes per day - participating men aged 18 to 64 (15-64 in Japan and Turkey)	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Physical/medical child care	0hr 48m (10%)	0hr 43m (5%)	0hr 51m (6%)	0hr 55m (14%)	1hr 1m (20%)	1hr 0m (9%)	0hr 56m (9%)	1hr 7m (12%)
Interactive & other child care	1hr 1m (13%)	0hr 44m (5%)	0hr 52m (9%)	1hr 5m (13%)	0hr 48m (11%)	1hr 8m (15%)	1hr 2m (11%)	1hr 2m (8%)
Child care-related travel	0hr 33m (7%)	0hr 37m (3%)	0hr 31m (3%)	0hr 45m (5%)	0hr 40m (6%)	0hr 36m (4%)	0hr 36m (5%)	0hr 39m (6%)
Pet care (excluding walking dogs)	0hr 31m (4%)	0hr 24m (4%)	0hr 24m (4%)	0hr 51m (14%)	0hr 31m (3%)	0hr 27m (6%)	0hr 33m (5%)	0hr 34m (3%)
CARE - Weekdays	1hr 8m (23%)	0hr 50m (13%)	0hr 56m (16%)	1hr 19m (30%)	1hr 10m (25%)	1hr 16m (23%)	1hr 11m (21%)	1hr 21m (19%)
CARE - Weekend days	1hr 26m (20%)	0hr 53m (13%)	1hr 7m (16%)	1hr 29m (33%)	1hr 36m (30%)	1hr 30m (24%)	1hr 17m (20%)	1hr 44m (18%)
Sleep & naps	8hr 10m (100%)	8hr 30m (100%)	8hr 24m (100%)	8hr 17m (100%)	7hr 56m (100%)	8hr 17m (100%)	8hr 17m (100%)	8hr 28m (100%)
Wash, dress, & other personal care	1hr 2m (99%)	0hr 41m (89%)	0hr 53m (99%)	0hr 51m (96%)	0hr 43m (97%)	0hr 50m (99%)	0hr 41m (96%)	0hr 48m (97%)
Meals (at home & packed lunches)	1hr 40m (99%)	1hr 28m (100%)	1hr 30m (100%)	1hr 24m (93%)	1hr 16m (99%)	1hr 29m (100%)	1hr 25m (99%)	1hr 38m (100%)
Walking (including walking dogs)	1hr 36m (23%)	1hr 42m (15%)	1hr 8m (13%)	not available	1hr 18m (18%)	1hr 14m (25%)	1hr 33m (22%)	1hr 50m (30%)
Sport & other exercise	1hr 57m (14%)	2hr 0m (16%)	1hr 58m (12%)	1hr 45m (17%)	1hr 58m (18%)	1hr 55m (12%)	1hr 59m (15%)	1hr 53m (14%)
PERSONAL CARE - Weekdays	11hr 3m (100%)	10hr 35m (100%)	10hr 42m (100%)	10hr 17m (100%)	9hr 59m (100%)	10hr 48m (100%)	10hr 33m (100%)	11hr 5m (100%)
PERSONAL CARE - Weekend days	12hr 31m (100%)	12hr 34m (100%)	12hr 15m (100%)	11hr 36m (100%)	11hr 40m (100%)	12hr 13m (100%)	12hr 3m (100%)	12hr 51m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 5: Total hours and minutes per day - participating men aged 18 to 64 (15-64 in Japan and Turkey)	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 48m (8%)	2hr 44m (6%)	2hr 58m (8%)	1hr 1m (43%)	1hr 43m (12%)	2hr 0m (17%)	1hr 50m (9%)	1hr 55m (7%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 34m (18%)	2hr 42m (12%)	2hr 42m (16%)	1hr 4m (44%)	2hr 18m (12%)	1hr 33m (39%)	2hr 7m (18%)	2hr 4m (12%)
ORGANISATIONAL & VOLUNTARY – Average days	1hr 41m (11%)	2hr 43m (8%)	2hr 51m (10%)	1hr 2m (43%)	1hr 54m (12%)	1hr 47m (23%)	1hr 57m (12%)	1hr 59m (8%)
Restaurant, bar, pub, café	1hr 1m (27%)	0hr 46m (10%)	0hr 50m (3%)	2hr 0m (16%)	1hr 24m (10%)	0hr 59m (4%)	0hr 58m (9%)	1hr 7m (13%)
Party, visits & socialise away from home	1hr 49m (44%)	1hr 42m (24%)	1hr 38m (24%)	2hr 48m (36%)	2hr 6m (37%)	1hr 34m (33%)	1hr 47m (38%)	2hr 6m (39%)
Party, visits & socialise at home	0hr 47m (29%)	0hr 46m (23%)	0hr 46m (25%)	0hr 57m (36%)	1hr 17m (59%)	0hr 51m (42%)	1hr 3m (35%)	0hr 51m (21%)
Leisure away from home	2hr 8m (5%)	3hr 15m (3%)	2hr 6m (1%)	2hr 4m (7%)	2hr 9m (6%)	2hr 9m (2%)	2hr 8m (4%)	2hr 15m (5%)
Other travel	1hr 15m (44%)	1hr 20m (24%)	1hr 6m (24%)	1hr 5m (39%)	1hr 15m (49%)	1hr 3m (33%)	1hr 7m (38%)	1hr 2m (39%)
SOCIAL & EVENTS - Weekdays	2hr 14m (73%)	1hr 42m (50%)	1hr 30m (52%)	2hr 24m (67%)	2hr 25m (81%)	1hr 42m (66%)	2hr 0m (66%)	2hr 6m (60%)
SOCIAL & EVENTS - Weekend days	3hr 58m (86%)	3hr 19m (70%)	2hr 38m (71%)	4hr 29m (85%)	4hr 1m (89%)	2hr 42m (85%)	3hr 26m (83%)	3hr 46m (80%)



Table 5:
Total hours and minutes per day -
participating men aged 18 to 64 (15-64 in
Japan and Turkey)

	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Relax, do nothing	1hr 19m (35%)	1hr 3m (32%)	0hr 50m (23%)	0hr 51m (22%)	0hr 48m (23%)	0hr 49m (26%)	1hr 12m (46%)	1hr 17m (29%)
Computing & internet (including games)	1hr 34m (11%)	1hr 52m (6%)	1hr 53m (10%)	1hr 32m (26%)	1hr 21m (19%)	1hr 48m (13%)	1hr 56m (8%)	1hr 41m (13%)
Television	2hr 8m (80%)	2hr 38m (84%)	2hr 48m (90%)	1hr 53m (63%)	2hr 26m (83%)	2hr 42m (90%)	2hr 27m (86%)	2hr 15m (81%)
Radio, Ipod, other audio	0hr 42m (10%)	0hr 52m (10%)	0hr 57m (11%)	1hr 30m (48%)	0hr 47m (14%)	0hr 55m (18%)	0hr 53m (12%)	1hr 4m (7%)
Read	1hr 2m (30%)	1hr 0m (36%)	0hr 59m (36%)	1hr 10m (48%)	0hr 54m (53%)	0hr 56m (33%)	0hr 56m (35%)	1hr 5m (23%)
Other leisure and hobbies	1hr 30m (11%)	1hr 23m (7%)	1hr 26m (5%)	1hr 35m (10%)	1hr 20m (15%)	1hr 10m (10%)	1hr 41m (9%)	1hr 48m (8%)
OTHER LEISURE - Weekdays	2hr 52m (93%)	3hr 7m (92%)	3hr 17m (94%)	3hr 9m (90%)	3hr 7m (95%)	3hr 20m (96%)	3hr 18m (95%)	2hr 50m (92%)
OTHER LEISURE - Weekend days	3hr 36m (94%)	4hr 17m (93%)	4hr 27m (96%)	4hr 24m (92%)	4hr 12m (94%)	4hr 16m (97%)	4hr 11m (95%)	3hr 51m (93%)



Table 5:
Total hours and minutes per day -
participating men aged 18 to 64 (15-64 in
Japan and Turkey)

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Paid work/related activity (away from home)	8hr 18m (54%)	7hr 42m (61%)	7hr 49m (53%)	8hr 4m (61%)
Paid work at home	1hr 38m (10%)	not available	4hr 43m (10%)	2hr 21m (10%)
Study & job or skill training	4hr 22m (4%)	5hr 2m (9%)	4hr 16m (3%)	4hr 4m (4%)
Homework	3hr 1m (3%)	not available	2hr 19m (2%)	3hr 16m (4%)
Commuting, job & study-related travel	0hr 50m (54%)	not available	1hr 4m (53%)	0hr 46m (57%)
PAID WORK & STUDY - Weekdays	9hr 1m (77%)	7hr 48m (77%)	9hr 7m (74%)	9hr 7m (81%)
PAID WORK & STUDY - Weekend days	5hr 43m (23%)	6hr 51m (55%)	6hr 33m (29%)	5hr 57m (36%)
Cooking & food related housework	0hr 48m (71%)	0hr 40m (15%)	0hr 46m (66%)	0hr 43m (37%)
All other housework and repairs, gardening	1hr 34m (57%)	1hr 17m (20%)	1hr 42m (44%)	1hr 58m (47%)
Shopping, services, other domestic work	0hr 54m (58%)	0hr 59m (24%)	1hr 5m (47%)	0hr 58m (43%)
Housework & personal care travel	0hr 38m (48%)	not available	0hr 43m (37%)	0hr 54m (66%)
UNPAID WORK - Weekdays	2hr 14m (89%)	1hr 14m (40%)	2hr 7m (82%)	2hr 14m (83%)
UNPAID WORK - Weekend days	3hr 14m (92%)	1hr 30m (49%)	3hr 5m (89%)	3hr 26m (88%)



Centre for Time Use Research

<http://www.timeuse.org/>

**Table 5:**

**Total hours and minutes per day -
participating men aged 18 to 64 (15-64 in
Japan and Turkey)**

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Physical/medical child care	0hr 53m (21%)	0hr 57m (19%)	0hr 57m (18%)	1hr 1m (14%)
Interactive & other child care	0hr 45m (15%)	not available	0hr 57m (14%)	1hr 9m (17%)
Child care-related travel	0hr 30m (12%)	not available	0hr 47m (12%)	0hr 32m (10%)
Pet care (excluding walking dogs)	0hr 21m (5%)	not available	0hr 27m (9%)	0hr 28m (10%)
CARE - Weekdays	1hr 13m (31%)	0hr 53m (19%)	1hr 9m (36%)	1hr 20m (31%)
CARE - Weekend days	1hr 19m (30%)	1hr 3m (20%)	1hr 22m (36%)	1hr 47m (26%)
Sleep & naps	7hr 59m (100%)	8hr 25m (100%)	8hr 18m (100%)	8hr 15m (100%)
Wash, dress, & other personal care	0hr 41m (93%)	2hr 45m (100%)	0hr 43m (95%)	0hr 48m (83%)
Meals (at home & packed lunches)	1hr 27m (98%)	not available	1hr 16m (97%)	0hr 59m (87%)
Walking (including walking dogs)	1hr 2m (22%)	not available	0hr 55m (30%)	0hr 54m (6%)
Sport & other exercise	1hr 58m (19%)	1hr 39m (10%)	1hr 47m (13%)	2hr 5m (16%)
PERSONAL CARE - Weekdays	10hr 18m (100%)	10hr 56m (100%)	10hr 19m (100%)	9hr 47m (100%)
PERSONAL CARE - Weekend days	12hr 12m (100%)	11hr 54m (100%)	11hr 43m (100%)	11hr 3m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 5: Total hours and minutes per day - participating men aged 18 to 64 (15-64 in Japan and Turkey)	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 49m (13%)	1hr 57m (26%)	1hr 18m (13%)	1hr 22m (24%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 44m (16%)	2hr 4m (26%)	1hr 30m (17%)	2hr 16m (34%)
ORGANISATIONAL & VOLUNTARY – Average days	1hr 47m (13%)	1hr 59m (26%)	1hr 22m (14%)	1hr 41m (27%)
Restaurant, bar, pub, café	0hr 39m (8%)	not available	1hr 17m (13%)	1hr 9m (22%)
Party, visits & socialise away from home	2hr 7m (29%)	1hr 19m (5%)	1hr 54m (38%)	3hr 9m (3%)
Party, visits & socialise at home	0hr 48m (44%)	1hr 51m (59%)	0hr 45m (30%)	1hr 57m (43%)
Leisure away from home	2hr 2m (4%)	not available	1hr 48m (7%)	2hr 16m (7%)
Other travel	1hr 13m (29%)	1hr 48m	1hr 13m (42%)	0hr 48m (41%)
SOCIAL & EVENTS - Weekdays	1hr 53m (76%)	2hr 47m (99%)	2hr 7m (64%)	2hr 5m (63%)
SOCIAL & EVENTS - Weekend days	3hr 16m (85%)	3hr 9m (97%)	3hr 24m (80%)	3hr 28m (74%)

**Table 5:**

**Total hours and minutes per day -
participating men aged 18 to 64 (15-64) in
Japan and Turkey)**

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Relax, do nothing	1hr 1m (34%)	1hr 18m (46%)	1hr 2m (26%)	1hr 5m (25%)
Computing & internet (including games)	1hr 24m (22%)	not available	1hr 41m (15%)	1hr 25m (14%)
Television	2hr 17m (82%)	2hr 24m (85%)	2hr 50m (86%)	3hr 6m (78%)
Radio, Ipod, other audio	0hr 48m (10%)	0hr 54m (7%)	0hr 55m (12%)	1hr 29m (4%)
Read	0hr 54m (47%)	1hr 0m (20%)	0hr 58m (36%)	1hr 8m (21%)
Other leisure and hobbies	1hr 27m (16%)	2hr 3m (21%)	1hr 24m (6%)	0hr 46m (7%)
OTHER LEISURE - Weekdays	3hr 5m (94%)	3hr 16m (94%)	3hr 26m (94%)	3hr 17m (90%)
OTHER LEISURE - Weekend days	4hr 13m (96%)	4hr 0m (94%)	4hr 21m (96%)	4hr 23m (90%)



Table 6:
Total hours and minutes per day -
participating women aged 18 to64 (15-64 in
Japan and Turkey)

	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Paid work/related activity (away from home)	7hr 8m (36%)	6hr 38m (31%)	7hr 31m (38%)	8hr 0 m (37%)	7hr 44m (43%)	7hr 6m (37%)	6hr 39m (36%)	6hr 39m (33%)
Paid work at home	1hr 34m (14%)	2hr 33m (5%)	4hr 50m (9%)	1hr 59m (2%)	2hr 44m (8%)	2hr 48m (9%)	2hr 23m (6%)	2hr 7m (5%)
Study & job or skill training	3hr 3m (3%)	3hr 34m (9%)	3hr 36m (10%)	5hr 1m (2%)	3hr 44m (4%)	4hr 11m (7%)	4hr 26m (6%)	3hr 29m (7%)
Homework	3hr 16m (5%)	3hr 24m (6%)	2hr 35m (7%)	3hr 29m (3%)	3hr 1m (2%)	2hr 19m (5%)	3hr 1m (6%)	2hr 32m (4%)
Commuting, job & study-related travel	0hr 52m (38%)	1hr 4m (35%)	1hr 24m (45%)	0hr 58m (37%)	0hr 56m (45%)	0hr 48m (40%)	0hr 57m (34%)	0hr 54m (36%)
PAID WORK & STUDY - Weekdays	7hr 38m (57%)	7hr 22m (53%)	8hr 33m (63%)	8hr 48m (51%)	8hr 31m (60%)	7hr 48m (59%)	7hr 28m (56%)	7hr 12m (53%)
PAID WORK & STUDY - Weekend days	5hr 2m (22%)	4hr 57m (19%)	6hr 29m (30%)	7hr 38m (16%)	6hr 35m (26%)	5hr 5m (21%)	5hr 2m (22%)	4hr 32m (17%)
Cooking & food related housework	1hr 25m (88%)	1hr 22m (85%)	1hr 54m (64%)	2hr 19m (90%)	1hr 45m (92%)	1hr 14m (87%)	1hr 34m (86%)	1hr 17m (81%)
All other housework and repairs, gardening	1hr 44m (76%)	1hr 53m (80%)	2hr 16m (60%)	2hr 6m (80%)	1hr 52m (80%)	1hr 29m (85%)	1hr 54m (82%)	1hr 47m (81%)
Shopping, services, other domestic work	1hr 11m (69%)	1hr 8m (61%)	1hr 35m (35%)	0hr 37m (46%)	0hr 52m (67%)	0hr 58m (64%)	1hr 24m (54%)	1hr 17m (62%)
Housework & personal care travel	0hr 44m (59%)	0hr 41m (44%)	1hr 3m (23%)	0hr 37m (45%)	0hr 38m (46%)	0hr 36m (44%)	0hr 53m (2%)	0hr 44m (50%)
UNPAID WORK - Weekdays	3hr 47m (97%)	3hr 52m (95%)	3hr 59m (84%)	4hr 14m (95%)	3hr 52m (97%)	3hr 17m (98%)	3hr 48m (95%)	3hr 57m (96%)
UNPAID WORK - Weekend days	4hr 21m (97%)	3hr 45m (95%)	4hr 0m (83%)	5hr 14m (96%)	4hr 38m (98%)	3hr 29m (98%)	4hr 0m (96%)	3hr 34m (96%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 6: Total hours and minutes per day - participating women aged 18 to64 (15-64 in Japan and Turkey)	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Physical/medical child care	1hr 38m (32%)	1hr 18m (21%)	1hr 22m (25%)	1hr 25m (18%)	1hr 37m (31%)	1hr 39m (24%)	1hr 27m (29%)	1hr 25m (21%)
Interactive & other child care	1hr 40m (58%)	0hr 51m (14%)	1hr 19m (12%)	1hr 13m (15%)	0hr 51m (22%)	0hr 49m (18%)	1hr 3m (18%)	1hr 0m (18%)
Child care-related travel	0hr 53m (21%)	0hr 42m (11%)	0hr 49m (10%)	0hr 38m (4%)	0hr 40m (7%)	0hr 31m (10%)	0hr 44m (15%)	0hr 45m (11%)
Pet care (excluding walking dogs)	0hr 26m (25%)	0hr 28m (11%)	0hr 21m (6%)	0hr 22m (3%)	0hr 22m (9%)	0hr 26m (13%)	0hr 42m (11%)	0hr 30m (12%)
CARE - Weekdays	2hr 32m (58%)	1hr 27m (38%)	1hr 50m (34%)	1hr 52m (27%)	1hr 52m (43%)	1hr 41m (40%)	1hr 51m (46%)	1hr 50m (37%)
CARE - Weekend days	2hr 22m (54%)	1hr 24m (33%)	1hr 48m (27%)	1hr 45m (23%)	1hr 41m (40%)	1hr 36m (35%)	1hr 33m (41%)	1hr 30m (33%)
Sleep & naps	8hr 27m (100%)	8hr 31m (100%)	8hr 26m (98%)	8hr 53m (100%)	8hr 22m (100%)	8hr 30m (100%)	8hr 51m (100%)	8hr 15m (100%)
Wash, dress, & other personal care	1hr 0m (96%)	0hr 48m (98%)	1hr 11m (96%)	0hr 38m (96%)	0hr 54m (99%)	0hr 49m (96%)	0hr 48m (96%)	0hr 56m (98%)
Meals (at home & packed lunches)	1hr 3m (93%)	1hr 36m (99%)	1hr 9m (93%)	1hr 48m (100%)	1hr 10m (99%)	1hr 12m (99%)	1hr 48m (98%)	1hr 37m (99%)
Walking (including walking dogs)	0hr 52m (15%)	1hr 16m (19%)	1hr 20m (8%)	1hr 30m (19%)	1hr 4m (22%)	1hr 6m (29%)	1hr 43m (15%)	1hr 21m (21%)
Sport & other exercise	1hr 17m (15%)	1hr 17m (8%)	1hr 8m (9%)	2hr 8m (3%)	0hr 54m (10%)	1hr 12m (21%)	1hr 27m (7%)	1hr 16m (16%)
PERSONAL CARE - Weekdays	10hr 24m (100%)	10hr 50m (100%)	10hr 28m (97%)	11hr 13m (100%)	10hr 21m (100%)	10hr 38m (100%)	11hr 20m (100%)	10hr 47m (100%)
PERSONAL CARE - Weekend days	11hr 31m (100%)	12hr 12m (100%)	11hr 50m (98%)	12hr 46m (100%)	11hr 39m (100%)	12hr 3m (100%)	12hr 46m (100%)	12hr 26m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 6:
Total hours and minutes per day -
participating women aged 18 to64 (15-64 in
Japan and Turkey)

	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 42m (13%)	1hr 34m (4%)	1hr 49m (26%)	2hr 3m (6%)	1hr 46m (11%)	1hr 44m (15%)	1hr 11m (13%)	1hr 55m (15%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 35m (14%)	2hr 18m (7%)	2hr 18m (29%)	2hr 19m (8%)	1hr 53m (17%)	1hr 50m (20%)	1hr 22m (14%)	1hr 46m (20%)
ORGANISATIONAL & VOLUNTARY – Average days	1hr 40m (14%)	1hr 54m (5%)	1hr 58m (27%)	2hr 8m (7%)	1hr 49m (12%)	1hr 46m (17%)	1hr 14m (13%)	1hr 52m (16%)
Restaurant, bar, pub, café	1hr 11m (15%)	1hr 33m (14%)	1hr 37m (11%)	1hr 12m (14%)	0hr 34m (4%)	0hr 43m (12%)	1hr 48m (23%)	1hr 17m (8%)
Party, visits & socialise away from home	1hr 22m (24%)	1hr 35m (39%)	1hr 48m (18%)	1hr 18m (26%)	1hr 14m (25%)	1hr 31m (33%)	1hr 45m (25%)	1hr 39m (38%)
Party, visits & socialise at home	0hr 57m (5%)	0hr 53m (45%)	1hr 9m (42%)	0hr 45m (35%)	0hr 45m (30%)	0hr 51m (52%)	0hr 56m (30%)	1hr 0m (56%)
Leisure away from home	1hr 3m (37%)	2hr 32m (8%)	2hr 17m (1%)	1hr 22m (1%)	1hr 42m (5%)	1hr 27m (6%)	2hr 19m (7%)	2hr 36m (9%)
Other travel	0hr 48m (35%)	1hr 17m (39%)	1hr 6m (33%)	0hr 54m (26%)	1hr 5m (25%)	1hr 17m (33%)	1hr 2m (51%)	1hr 14m (38%)
SOCIAL & EVENTS - Weekdays	1hr 30m (62%)	2hr 12m (78%)	1hr 48m (54%)	1hr 28m (60%)	1hr 27m (53%)	1hr 51m (75%)	1hr 59m (71%)	2hr 9m (83%)
SOCIAL & EVENTS - Weekend days	2hr 36m (74%)	3hr 41m (87%)	3hr 22m (66%)	2hr 4m (70%)	2hr 21m (65%)	2hr 55m (83%)	3hr 35m (80%)	3hr 27m (87%)



Table 6:
Total hours and minutes per day -
participating women aged 18 to64 (15-64 in
Japan and Turkey)

	Australia 2006	Belgium 2005-06	Brazil 2001	Bulgaria 2001-02	Estonia 1999-00	Finland 1999-00	France 1998-99	Germany 2001-02
Relax, do nothing	0hr 51m (26%)	0hr 35m (78%)	1hr 8m (21%)	0hr 48m (15%)	0hr 53m (23%)	0hr 46m (38%)	0hr 38m (16%)	0hr 58m (28%)
Computing & internet (including games)	1hr 10m (2%)	1hr 12m (18%)	1hr 12m (3%)	1hr 30m (1%)	1hr 10m (2%)	0hr 51m (7%)	1hr 17m (2%)	1hr 12m (13%)
Television	1hr 59m (77%)	2hr 26m (83%)	2hr 32m (74%)	2hr 26m (88%)	2hr 20m (85%)	2hr 15m (85%)	2hr 23m (74%)	2hr 7m (74%)
Radio, Ipod, other audio	0hr 0m (26%)	0hr 34m (8%)	1hr 15m (8%)	0hr 57m (5%)	0hr 45m (11%)	0hr 47m (16%)	0hr 53m (4%)	0hr 44m (9%)
Read	0hr 59m (33%)	0hr 55m (38%)	0hr 59m (9%)	1hr 9m (22%)	1hr 8m (52%)	1hr 3m (69%)	1hr 3m (32%)	0hr 59m (57%)
Other leisure and hobbies	1hr 11m (64%)	1hr 13m (17%)	1hr 11m (8%)	1hr 37m (14%)	1hr 17m (20%)	1hr 10m (26%)	1hr 17m (21%)	1hr 10m (28%)
OTHER LEISURE - Weekdays	3hr 2m (96%)	3hr 16m (99%)	2hr 40m (81%)	2hr 45m (92%)	3hr 0m (93%)	3hr 8m (97%)	2hr 46m (90%)	2hr 50m (95%)
OTHER LEISURE - Weekend days	3hr 49m (96%)	3hr 31m (98%)	3hr 34m (76%)	3hr 0m (92%)	3hr 32m (95%)	3hr 59m (97%)	3hr 0m (87%)	3hr 33m (94%)



Table 6: Total hours and minutes per day - participating women aged 18 to64 (15-64 in Japan and Turkey)	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Paid work/related activity (away from home)	6hr 42m (31%)	8hr 3m (44%)	7hr 45m (40%)	6hr 11m (30%)	6hr 34m (43%)	7hr 1m (38%)	7hr 3m (40%)	6hr 53m (34%)
Paid work at home	2hr 8m (3%)	3hr 19m (12%)	4hr 11m (18%)	2hr 28m (5%)	1hr 49m (7%)	2hr 28m (11%)	2hr 18m (5%)	3hr 3m (3%)
Study & job or skill training	4hr 14m (4%)	4hr 16m (7%)	4hr 30m (6%)	3hr 28m (7%)	4hr 2m (6%)	4hr 16m (6%)	4hr 4m (6%)	3hr 41m (8%)
Homework	3hr 55m (6%)	2hr 11m (5%)	2hr 41m (5%)	1hr 48m (7%)	2hr 35m (5%)	2hr 32m (8%)	3hr 7m (8%)	3hr 21m (6%)
Commuting, job & study-related travel	1hr 1m (34%)	1hr 6m (48%)	0hr 59m (44%)	0hr 56m (32%)	0hr 52m (44%)	1hr 5m (32%)	0hr 54m (41%)	1hr 7m (37%)
PAID WORK & STUDY - Weekdays	7hr 37m (47%)	9hr 2m (67%)	8hr 28m (68%)	6hr 33m (52%)	7hr 30m (62%)	7hr 33m (52%)	7hr 48m (61%)	7hr 55m (52%)
PAID WORK & STUDY - Weekend days	6hr 16m (20%)	6hr 23m (27%)	5hr 54m (31%)	4hr 19m (17%)	5hr 28m (22%)	5hr 1m (27%)	5hr 30m (24%)	6hr 16m (22%)
Cooking & food related housework	2hr 1m (88%)	1hr 33m (86%)	1hr 45m (90%)	1hr 21m (85%)	1hr 14m (90%)	1hr 59m (93%)	1hr 56m (88%)	1hr 55m (87%)
All other housework and repairs, gardening	2hr 23m (84%)	1hr 46m (71%)	1hr 49m (86%)	1hr 43m (71%)	1hr 18m (78%)	1hr 38m (80%)	2hr 11m (84%)	1hr 50m (77%)
Shopping, services, other domestic work	1hr 10m (57%)	0hr 50m (56%)	0hr 41m (53%)	1hr 11m (61%)	0hr 55m (72%)	0hr 50m (60%)	0hr 51m (47%)	1hr 28m (59%)
Housework & personal care travel	0hr 35m (51%)	0hr 48m (53%)	0hr 39m (53%)	0hr 46m (41%)	0hr 37m (39%)	0hr 38m (51%)	0hr 37m (46%)	0hr 35m (37%)
UNPAID WORK - Weekdays	5hr 4m (94%)	3hr 31m (93%)	3hr 47m (97%)	3hr 43m (95%)	3hr 4m (98%)	4hr 12m (97%)	4hr 17m (96%)	4hr 32m (94%)
UNPAID WORK - Weekend days	4hr 54m (95%)	4hr 8m (95%)	4hr 26m (97%)	3hr 20m (93%)	3hr 13m (98%)	3hr 50m (97%)	4hr 44m (96%)	4hr 7m (94%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 6: Total hours and minutes per day - participating women aged 18 to64 (15-64 in Japan and Turkey)	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Physical/medical child care	1hr 21m (25%)	1hr 8m (24%)	1hr 28m (22%)	1hr 19m (32%)	1hr 27m (32%)	1hr 39m (24%)	1hr 22m (24%)	1hr 54m (25%)
Interactive & other child care	1hr 6m (17%)	0hr 54m (14%)	0hr 56m (18%)	1hr 24m (25%)	0hr 46m (21%)	1hr 15m (24%)	1hr 4m (18%)	0hr 58m (10%)
Child care-related travel	0hr 43m (15%)	0hr 48m (6%)	0hr 35m (5%)	0hr 55m (15%)	0hr 34m (11%)	0hr 42m (8%)	0hr 36m (8%)	0hr 54m (12%)
Pet care (excluding walking dogs)	0hr 25m (5%)	0hr 22m (8%)	0hr 22m (6%)	0hr 46m (27%)	0hr 21m (5%)	0hr 23m (7%)	0hr 29m (7%)	0hr 25m (3%)
CARE - Weekdays	2hr 5m (34%)	1hr 27m (35%)	1hr 44m (32%)	2hr 7m (57%)	1hr 51m (41%)	2hr 13m (37%)	1hr 47m (36%)	2hr 33m (30%)
CARE - Weekend days	1hr 46m (29%)	1hr 22m (29%)	1hr 41m (28%)	1hr 46m (52%)	1hr 41m (36%)	1hr 58m (33%)	1hr 37m (31%)	2hr 3m (25%)
Sleep & naps	8hr 12m (100%)	8hr 35m (100%)	8hr 26m (100%)	8hr 40m (100%)	8hr 9m (100%)	8hr 29m (100%)	8hr 20m (100%)	8hr 25m (100%)
Wash, dress, & other personal care	1hr 3m (99%)	0hr 48m (91%)	0hr 57m (99%)	0hr 55m (97%)	0hr 54m (99%)	0hr 55m (99%)	0hr 43m (96%)	0hr 51m (98%)
Meals (at home & packed lunches)	1hr 40m (100%)	1hr 22m (99%)	1hr 24m (100%)	1hr 22m (94%)	1hr 11m (99%)	1hr 31m (100%)	1hr 21m (99%)	1hr 37m (100%)
Walking (including walking dogs)	1hr 27m (21%)	1hr 27m (20%)	1hr 10m (15%)	not available	1hr 7m (23%)	1hr 9m (27%)	1hr 23m (26%)	1hr 35m (33%)
Sport & other exercise	1hr 22m (8%)	0hr 59m (11%)	1hr 6m (8%)	1hr 33m (14%)	1hr 36m (15%)	1hr 7m (7%)	1hr 13m (12%)	1hr 18m (9%)
PERSONAL CARE - Weekdays	11hr 3m (100%)	11hr 4m (100%)	10hr 55m (100%)	10hr 48m (100%)	10hr 18m (100%)	10hr 55m (100%)	10hr 30m (100%)	11hr 4m (100%)
PERSONAL CARE - Weekend days	12hr 31m (100%)	12hr 32m (100%)	12hr 13m (100%)	11hr 43m (100%)	11hr 45m (100%)	12hr 13m (100%)	11hr 49m (100%)	12hr 32m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 6: Total hours and minutes per day - participating women aged 18 to64 (15-64 in Japan and Turkey)	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 42m (16%)	2hr 9m (7%)	2hr 4m (8%)	0hr 55m (49%)	1hr 40m (12%)	1hr 33m (21%)	1hr 32m (8%)	2hr 0m (12%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 26m (28%)	2hr 19m (13%)	2hr 0m (18%)	0hr 55m (45%)	1hr 20m (13%)	1hr 25m (46%)	1hr 24m (19%)	1hr 47m (16%)
ORGANISATIONAL & VOLUNTARY – Average days	1hr 35m (19%)	2hr 13m (9%)	2hr 2m (11%)	0hr 55m (48%)	1hr 34m (12%)	1hr 29m (28%)	1hr 28m (11%)	1hr 55m (13%)
Restaurant, bar, pub, café	1hr 10m (15%)	0hr 44m (8%)	0hr 51m (2%)	1hr 50m (13%)	1hr 16m (11%)	0hr 52m (3%)	1hr 4m (7%)	1hr 10m (10%)
Party, visits & socialise away from home	1hr 28m (36%)	1hr 24m (26%)	1hr 20m (23%)	2hr 44m (47%)	1hr 56m (43%)	1hr 22m (32%)	1hr 35m (35%)	1hr 53m (34%)
Party, visits & socialise at home	0hr 51m (37%)	0hr 45m (31%)	0hr 43m (33%)	0hr 57m (50%)	1hr 28m (76%)	0hr 51m (50%)	1hr 0m (46%)	0hr 52m (27%)
Leisure away from home	2hr 7m (4%)	2hr 39m (4%)	1hr 15m (3%)	1hr 55m (8%)	2hr 0m (6%)	1hr 49m (2%)	1hr 42m (4%)	2hr 5m (5%)
Other travel	1hr 6m (36%)	1hr 11m (26%)	0hr 59m (23%)	1hr 4m (43%)	1hr 11m (48%)	0hr 59m (32%)	1hr 3m (35%)	0hr 59m (34%)
SOCIAL & EVENTS - Weekdays	1hr 55m (69%)	1hr 29m (54%)	1hr 17m (54%)	2hr 32m (81%)	2hr 33m (91%)	1hr 32m (70%)	1hr 48m (68%)	1hr 53m (60%)
SOCIAL & EVENTS - Weekend days	3hr 10m (81%)	2hr 55m (70%)	2hr 19m (70%)	4hr 34m (90%)	4hr 5m (94%)	2hr 27m (85%)	3hr 2m (81%)	3hr 24m (75%)



Table 6:
Total hours and minutes per day -
participating women aged 18 to64 (15-64 in
Japan and Turkey)

	Italy 2002-03	Latvia 2003	Lithuania 2003	Netherlands 2000	Norway 2000-01	Poland 2003-04	Slovenia 2000-01	Spain 2002-03
Relax, do nothing	1hr 14m (38%)	0hr 57m (29%)	0hr 55m (17%)	0hr 50m (25%)	0hr 44m (25%)	0hr 44m (22%)	1hr 2m (40%)	1hr 18m (31%)
Computing & internet (including games)	1hr 20m (4%)	1hr 24m (2%)	1hr 29m (4%)	1hr 11m (14%)	1hr 0m (11%)	1hr 13mn (6%)	1hr 11m (3%)	1hr 18m (6%)
Television	1hr 47m (75%)	2hr 10m (81%)	2hr 10m (87%)	1hr 51m (61%)	1hr 57m (81%)	2hr 11m (89%)	2hr 2m (82%)	2hr 1m (80%)
Radio, Ipod, other audio	0hr 35m (8%)	0hr 36m (10%)	0hr 47m (8%)	1hr 74m (40%)	0hr 41m (14%)	0hr 47m (14%)	0hr 48m (9%)	0hr 47m (4%)
Read	0hr 57m (27%)	1hr 3m (42%)	0hr 57m (38%)	1hr 3m (49%)	0hr 56m (64%)	1hr 0m (41%)	0hr 58m (38%)	0hr 58m (21%)
Other leisure and hobbies	1hr 23m (11%)	1hr 27m (7%)	1hr 22m (5%)	1hr 29m (17%)	1hr 16m (27%)	1hr 4m (15%)	1hr 19m (13%)	1hr 29m (14%)
OTHER LEISURE - Weekdays	2hr 29m (92%)	2hr 51m (91%)	2hr 41m (93%)	2hr 54m (91%)	2hr 54m (95%)	2hr 51m (95%)	2hr 48m (93%)	2hr 36m (92%)
OTHER LEISURE - Weekend days	2hr 44m (92%)	3hr 31m (91%)	3hr 25m (94%)	3hr 25m (89%)	3hr 24m (95%)	3hr 20m (96%)	3hr 16m (94%)	3hr 5m (92%)



Table 6:
Total hours and minutes per day -
participating women aged 18 to64 (15-64 in
Japan and Turkey)

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Paid work/related activity (away from home)	7hr 27m (42%)	6hr 2m (20%)	6hr 33m (38%)	7hr 15m (46%)
Paid work at home	1hr 41m (8%)	not available	2hr 56m (6%)	2hr 25m (9%)
Study & job or skill training	3hr 30m (6%)	4hr 44m (8%)	3hr 21m (4%)	3hr 27m (4%)
Homework	2hr 28m (5%)	not available	2hr 31m (3%)	2hr 50m (5%)
Commuting, job & study-related travel	0hr 49m (46%)	not available	0hr 51m (39%)	0hr 36m (44%)
PAID WORK & STUDY - Weekdays	7hr 55m (65%)	6hr 8m (31%)	7hr 20m (55%)	7hr 57m (65%)
PAID WORK & STUDY - Weekend days	5hr 21m (22%)	5hr 5m (23%)	5hr 30m (20%)	5hr 19m (25%)
Cooking & food related housework	1hr 14m (90%)	2hr 40m (91%)	1hr 21m (89%)	1hr 7m (67%)
All other housework and repairs, gardening	1hr 21m (77%)	2hr 15m (83%)	1hr 40m (73%)	1hr 57m (66%)
Shopping, services, other domestic work	0hr 57m (72%)	1hr 5m (22%)	1hr 18m (65%)	1hr 15m (53%)
Housework & personal care travel	0hr 36m (54%)	not available	0hr 43m (51%)	0hr 54m (70%)
UNPAID WORK - Weekdays	3hr 1m (99%)	4hr 42m (95%)	3hr 37m (96%)	3hr 12m (94%)
UNPAID WORK - Weekend days	3hr 42m (98%)	4hr 48m (96%)	4hr 4m (97%)	4hr 16m (96%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 6:
Total hours and minutes per day -
participating women aged 18 to64 (15-64 in
Japan and Turkey)

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Physical/medical child care	1hr 18m (30%)	1hr 50m (43%)	1hr 21m (37%)	1hr 26m (30%)
Interactive & other child care	0hr 44m (22%)	not available	1hr 2m (25%)	1hr 15m (29%)
Child care-related travel	0hr 35m (15%)	not available	0hr 56m (20%)	0hr 37m (20%)
Pet care (excluding walking dogs)	0hr 26m (11%)	not available	0hr 27m (17%)	0hr 29m (15%)
CARE - Weekdays	1hr 41m (43%)	1hr 51m (44%)	1hr 56m (56%)	2hr 9m (49%)
CARE - Weekend days	1hr 30m (39%)	1hr 48m (41%)	1hr 40m (51%)	1hr 54m (42%)
Sleep & naps	8hr 10m (100%)	8hr 32m (100%)	8hr 30m (100%)	8hr 30m (100%)
Wash, dress, & other personal care	0hr 52m (98%)	2hr 38m (100%)	0hr 53m (97%)	1hr 2m (88%)
Meals (at home & packed lunches)	1hr 32m (99%)	not available	1hr 18m (98%)	0hr 56m (86%)
Walking (including walking dogs)	1hr 5m (30%)	not available	0hr 54m (29%)	0hr 47m (9%)
Sport & other exercise	1hr 21m (15%)	1hr 13m (5%)	1hr 21m (9%)	1hr 24m (11%)
PERSONAL CARE - Weekdays	10hr 35m (100%)	10hr 58m (100%)	10hr 43m (100%)	10hr 9m (100%)
PERSONAL CARE - Weekend days	12hr 13m (100%)	11hr 37m (100%)	11hr 47m (100%)	11hr 11m (100%)



Centre for Time Use Research

<http://www.timeuse.org/>



Table 6: Total hours and minutes per day - participating women aged 18 to64 (15-64 in Japan and Turkey)	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
ORGANISATIONAL & VOLUNTARY - Weekdays	1hr 21m (15%)	2hr 6m (37%)	1hr 7m (19%)	1hr 33m (31%)
ORGANISATIONAL & VOLUNTARY - Weekend days	1hr 32m (17%)	2hr 1m (36%)	1hr 23m (20%)	2hr 12m (40%)
ORGANISATIONAL & VOLUNTARY – Average days	1hr 24m (15%)	2hr 4m (37%)	1hr 12m (19%)	1hr 46m (34%)
Restaurant, bar, pub, café	0hr 42m (7%)	not available	1hr 6m (12%)	1hr 14m (21%)
Party, visits & socialise away from home	1hr 50m (31%)	1hr 43m (2%)	1hr 41m (47%)	2hr 42m (4%)
Party, visits & socialise at home	0hr 51m (63%)	1hr 51m (69%)	0hr 44m (42%)	1hr 46m (54%)
Leisure away from home	1hr 48m (4%)	not available	1hr 41m (8%)	2hr 2m (8%)
Other travel	1hr 12m (31%)	1hr 17m (73%)	1hr 6m (46%)	0hr 47m (41%)
SOCIAL & EVENTS - Weekdays	1hr 53m (84%)	2hr 30m (91%)	2hr 4m (75%)	2hr 9m (69%)
SOCIAL & EVENTS - Weekend days	3hr 1m (90%)	2hr 34m (88%)	3hr 8m (84%)	3hr 21m (76%)



Table 6:
Total hours and minutes per day -
participating women aged 18 to64 (15-64 in
Japan and Turkey)

	Sweden 2000-01	Turkey 2006	United Kingdom 2000-01	USA 2003
Relax, do nothing	1hr 0m (40%)	1hr 10m (46%)	1hr 0m (35%)	1hr 7m (24%)
Computing & internet (including games)	0hr 54m (13%)	not available	1hr 8m (8%)	1hr 8m (12%)
Television	1hr 56m (80%)	2hr 15m (84%)	2hr 23m (85%)	2hr 43m (75%)
Radio, Ipod, other audio	0hr 40m (9%)	0hr 51m (9%)	0hr 42m (12%)	1hr 14m (2%)
Read	0hr 53m (57%)	0hr 58m (16%)	0hr 55m (39%)	1hr 10m (25%)
Other leisure and hobbies	1hr 7m (22%)	1hr 18m (7%)	1hr 20m (9%)	0hr 32m (10%)
OTHER LEISURE - Weekdays	2hr 48m (96%)	2hr 54m (94%)	3hr 2m (95%)	3hr 0m (89%)
OTHER LEISURE - Weekend days	3hr 28m (96%)	2hr 59m (93%)	3hr 35m (96%)	3hr 35m (88%)